

Teen/Adult KARATE

JUNE 2018

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28 Memorial Day Closed	29 Kata 6:45-7:45 pm Tai Chi 7:45-8:45pm	30 Krav Maga 6:45-7:45 pm	31 Weapons 6:45-7:45 pm Tai Chi 7:45-8:45pm	1	2 Tai Chi Sat & Sun 3:00-4:00
4 Krav Maga 6:45-7:45 pm	5 Kickboxing 6:45-7:45 pm Tai Chi 7:45-8:45pm	6 Krav Maga 6:45-7:45 pm	7 Ippon Kumite 6:45 -7:45 pm Tai Chi 7:45-8:45pm	8	9 Tai Chi Sat & Sun 3:00-4:00
11 Krav Maga 6:45-7:45 pm	12 Sparring 6:45-7:45 pm Tai Chi 7:45-8:45pm	13 Krav Maga 6:45-7:45 pm	14 Combinations 6:45-7:45 pm Tai Chi 7:45-8:45pm	15	16 Tai Chi Sat & Sun 3:00-4:00
18 Krav Maga 6:45-7:45 pm	19 Kata 6:45-7:45 pm Tai Chi 7:45-8:45pm	20 Krav Maga 6:45-7:45 pm	21 Board breaking 6:45-7:45 pm Tai Chi 7:45-8:45pm	22	23 Tai Chi Sat & Sun 3:00-4:00
25 Krav Maga 6:45-7:45 pm	26 Weapons 6:45-7:45 pm Tai Chi 7:45-8:45pm	27 Krav Maga 6:45-7:45 pm	28 Sparring 6:45-7:45 pm Tai Chi 7:45-8:45pm	29	30 Tai Chi Sat & Sun 3:00-4:00