



# Junior Karate



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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
3 <b>CLOSED</b> <b>Labor Day</b> Happy Kids Happy Mom 10	4 Kick Boxing	5	6 Kata	7	8
10 Weapons	11	12 <b>Early Release</b>	13 Ippon Kumite	14	15
17 Kata	18	19	20 Sparring	21	22 <b>Women's Self Defense 10 - 12</b>
24 Stripe Testing <b>Intensity</b>	25	26 Bring - A - Buddy <b>Board Breaking!</b> Parent Student Family Karate	27 Buddy 	28 <b>Belt Testing Graduation</b>	29 Beach Church Demo
1 Kick Boxing	2	3	4 Self Defense Street Clothes	5	6

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Jr Beg MW 4:30 TTH 6:00 - Jr Int MW 5:15 TTH 4:00 - Jr Adv MW 6:00 TTH 4:45