

Black Belt EXCELLENCE

September Theme



Memory Verse:

"Whatever you do, work at it with all your heart, as working for the Lord."

Colossians 3:23a

Have you ever felt like you wanted to do something, but you realized there is no one else doing it? You think to yourself, "Man! I really want to do that!" That is where initiative comes in. The dictionary says initiative means, "the *power* or *opportunity* to act or take charge before others do." Say you really want to start a Bible study at your church for younger kids, but there's not one already started. Taking initiative, you act, go, and set up a Bible study so that kids your age can learn a deeper understanding of the Bible. We have to take *action*, *commit* to the task set before us, and *believe* that God will show us the way. That's the right way to show initiative!

But, how does initiative happen in karate? If you didn't have any initiative, how could you push yourself to get to a black belt? When you know there is a big belt testing coming up and you are not ready for it or you know you don't know the material you're testing on, having initiative will push you that extra bit to work hard and practice what you need to do before testing, and ask the instructors for help. Initiative means you see what needs to be done and you do it, no matter how hard it is. If you're struggling with your skip side kick, then use initiative and practice it until you have it down correctly. If you really aren't landing your blocks the way you know the way the instructors want you to, then show initiative and work extra hard on making sure you're paying attention in class, and even get help from instructors after class if you need more assistance.

God expects us to show initiative when we look for ways to further his kingdom. It can be as simple as helping your mother and father around the house. Initiative is key to showing that you are working hard and being a *leader*. God uses people who work hard for his purpose. God loves a *doer*! It can be to *encourage* someone and brighten their day or even show them a better way to live. Always show initiative to the Lord, be *involved* in His Plan, and He will make sure you see the changes in your own life!

This month my son/daughter or student has demonstrated both at home and at school those qualities of responsibility required by our school for students seeking to earn the *Black Belt Excellence Stripe*.

First Name _____

Last Name _____

Date: _____

Parent Signature _____

Date Signed by Instructor _____

6 Requirements of the Stripe of Excellence

- ◆ Black Belt Excellence behavior at home
- ◆ Black Belt Excellence behavior and passing grades at school
- ◆ Overall performance and attendance at the karate school
- ◆ Completion of the monthly Black Belt Excellence activity sheet and assignment
- ◆ Returning the Black Belt Excellence sheet when due
- ◆ Returning the Excellence sheet on time, qualifies you for student of the month and belt testing

Return your BBE Sheet to an instructor at the beginning of class to receive your black stripe.

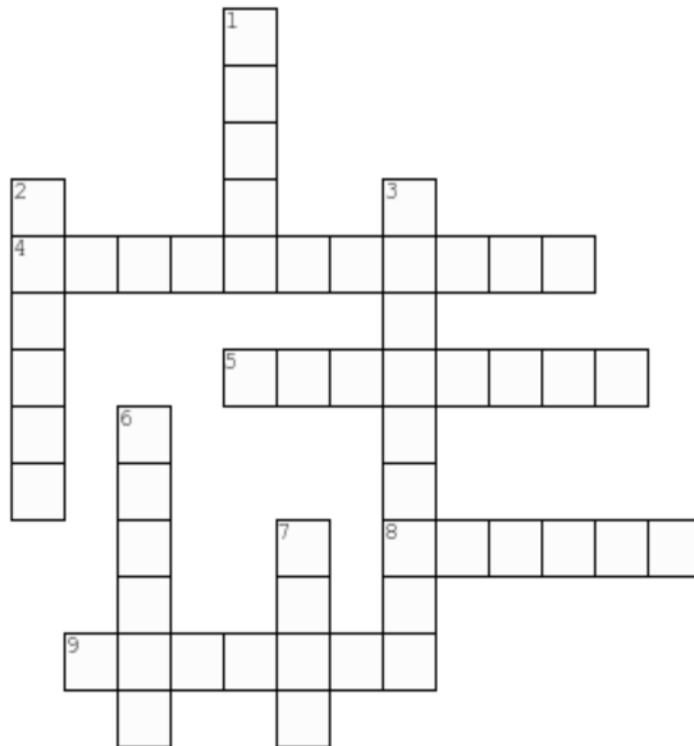
Due September 25th

Due September 25th

Name: _____

Match the Bible verses with the missing word. You will have to look up a few of them for yourself:

1. "Whoever can be _____ with very little can be Trusted with much." Luke 16:10 a) succeed
2. "Work at _____ you do with all your heart. Work As if you are working for the Lord." Colossians 3:23 b) others
- 3.. "Commit to the Lord everything you do. Then He will make your plans _____." Proverbs 16:3 c) everything
4. "None of you should look out just for your own good. Each Of you should also look out for the good of _____." Philippians 2:4 d) trusted



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Across

4. A set of circumstances that makes it possible to do something.
5. Be engaged in an emotional or personal relationship
8. Something done or accomplished; a deed.
9. To accept as true or real

Down

1. The ability to do something or act in a particular way, especially as a faculty or quality
2. To do, perform, or perpetrate
3. To give support, confidence, or hope to someone
6. The person who leads or commands a group, organization, or country
7. A person who does something

