Falbo's FAMILY KARATE
934-7977
www.FalbosFamilyKarate.com

TEEN/ADULT KARATE
NOVEMBER 2026

FAMILY MARTIAL ARTS

MONDAY	TUESDAY	WEDNSDAY	THURSDAY	FRIDAY	SATURDAY
2 **Ippon Kumite** 6:00-7:00 pm **Kickboxing** 7:00-8:00 pm	3 **BB Training** 6:00-7:00 pm **Weapons** 7:00-8:00 pm	4	5 **BB Training** 6:00-7:00 pm **Self Defense** 7:00-8:00 pm	6	7 **Christ-mas Sale 10-1**
9 **Kata** 6:00-7:00 pm **Kickboxing** 7:00-8:00 pm	10 **BB Training** 6:00-7:00 pm **Sparring** 7:00-8:00 pm	11	12 **BB Training** 6:00-7:00 pm **Kick Boxing** 7:00-8:00 pm	13	14 **Japanese Festival UWF**
16 **Weapons** 6:00-7:00 pm **Kickboxing** 7:00-8:00 pm	17 **BB Training** 6:00-7:00 pm **Ippon Kumite** 7:00-8:00 pm	18	19 **BB Training** 6:00-7:00 pm **Board Breaking** 7:00-8:00 pm	20	21
23 **Kata** 6:00-7:00 pm **Kickboxing** 7:00-8:00 pm	24 **BB Training** 6:00-7:00 pm **Self Defense** 7:00-8:00 pm	25	26 **Happy Thanksgiving Closed**	27	28
30 **Ippon kumite** 6:00-7:00 pm **Kickboxing** 7:00-8:00 pm	1 **BB Training** 6:00-7:00 pm **Weapons** 7:00-8:00 pm	2	3 **BB Training** 6:00-7:00 pm **Sparring** 7:00-8:00 pm	4	5

BB Training Tuesday & Thursday @ 6pm Teen/Adult Karate Monday @ 6pm and Tuesday & Thursday @ 7pm