

# Black Belt EXCELLENCE



## APRIL THEME SACRIFICE

“ I have been crucified with Christ. It is no longer I who live, but Christ who lives in me. And the life I now live in the flesh I live by faith in the Son of God, who loved me and gave himself for me.” Galatians 2:20

Have you ever had a best friend you would do anything for. Imagine your best friend was taller than you. But that didn't matter to you. He or she liked you because you showed confidence and you are a Christian and always sharing the bible with him. You liked him or her because they are really cool, kind of quiet and shows compassion towards others.

So one day, the school bully came around. He was as big as your friend. You knew your friend was big, but he didn't take being bullied well at all. The bully was cussing at him, talking down to him, pushing him around. You know this guy was 10 times stronger than you and there was no way you could even push him back. So you stepped up and spoke up for your friend. You sacrificed yourself for your friend. So the bully, threw you down to the ground face first, bloodied your lip and your hands and knees. Quickly, a teacher came in and broke up the fight.

That's what's called sacrifice. You took the punishment for your friend. A painful punishment. Another example of sacrificing is say there's one chocolate brownie left after dinner. You didn't get one because you left the dinner table early to get started on your homework. As you head to the kitchen to get your brownie, your sister was reaching for the brownie. You say, "go ahead, you can have it". You sacrificed having the brownie so someone else could have it. Or let's say your standing in line at the school carnival for the dunk tank. They're closing the booth right after you. Your friend says, "bummer, I wish I could have been able to do the dunk tank." Kindly, you offer the last throw to him/her. You sacrificed your position for your friend.

This month our Life Skill is on Sacrifice. Appropriately so with Easter this month. Jesus offering up himself as the perfect sacrifice. Our bible memory verse is Galatians 2:20, "I have been crucified with Christ. It is no longer I who live, but Christ who lives in me. And the life I now live in the flesh I live by faith in the Son of God, who loved me and gave himself for me." This is like the super bowl to Christians. If Jesus Christ didn't die on the cross then the whole bible is a lie. But He did. We're thankful that He did. What an awesome time to celebrate life. Thanks to Jesus' death, we don't have to face hell and judgement. Thank you, Lord!

This month my son/daughter or student has demonstrated both at home and at school those qualities of responsibility required by our school for students seeking to earn the *Black Belt Excellence Stripe*.

**First Name** \_\_\_\_\_

**Last Name** \_\_\_\_\_

**Date:** \_\_\_\_\_

**Parent Signature** \_\_\_\_\_

**Date Signed by Instructor** \_\_\_\_\_

### 6 Requirements of the Stripe of Excellence

- ◆ Black Belt Excellence behavior at home
- ◆ Black Belt Excellence behavior and passing grades at school
- ◆ Overall performance and attendance at the karate school
- ◆ Completion of the monthly Black Belt Excellence activity sheet and assignment
- ◆ Returning the Black Belt Excellence sheet when due
- ◆ Returning the Excellence sheet on time, qualifies you for student of the month and belt testing

Return your BBE Sheet to an instructor at the beginning of class to receive your black stripe

**Due April 26 or 27**

Name: \_\_\_\_\_

**Due April 26 or 27**

Fill in the blank: Memory Verse:

"I have been crucified \_\_\_\_\_. It is no longer I who live, but Christ who lives in me. And the \_\_\_\_\_ I now live in the flesh I live by \_\_\_\_\_ in the Son of God, who \_\_\_\_\_ me and gave himself for me." Galatians \_\_\_\_:\_\_\_\_\_

CIRCLE THE CORRECT WORD:

For God so loved the (Country, World) that He gave His only begotten son, that whosoever (Agrees, Believes) in Him would not perish, but have everlasting life.

TRUE OR FALSE

Jesus was crucified on the cross. On the third day he died and was buried.

TRUE OR FALSE

Greater love has no one than this, that someone lay down his life for his friends.

John 15:13

TRUE OR FALSE

CIRCLE THE CORRECT WORD:

Watch and pray, lest you enter into temptation. The (Spirit, Flesh) indeed is willing but the (Spirit, Flesh) is weak.

Matthew 26:41

Assuredly, I say to you that this night, before the (rooster, chicken) crows, you will deny me (three, four) times.

Matthew 26:34

Matching: Put the correct letter on the left in the blank on the right

- |                   |       |   |
|-------------------|-------|---|
| A. Jesus Christ   | _____ | What was given to Mary to put Jesus       |
| B. A Donkey       | _____ | Who did the people yell, "Hosanna" to     |
| C. Judas Iscariot | _____ | How did Jesus arrive to Jerusalem         |
| D. The Tomb       | _____ | Who was in the tomb when Mary went inside |
| E. An angel       | _____ | Who betrayed Jesus                        |
| F. Nicodemus      |       |   |