



# Adult/Teen Karate

## DECEMBER 2020

| Monday                              | Tuesday   | Wednesday | Thursday   | Friday                              | Saturday                 |
|-------------------------------------|---|-----------|--|-------------------------------------|--------------------------|
| 29<br><b>Karate</b><br>6:00-7:00 pm | 30 <b>Kickboxing</b><br>6:00-7:00 pm<br><b>Kata</b><br>7:00-8:00 pm         | 1         | 2 <b>KickBoxing</b><br>6:00-7:00 pm<br><b>Ippon Kumite</b><br>7:00-8:00    | 3 <b>Christmas Party Graduation</b> | 4                        |
| 6<br><b>Karate</b><br>6:00-7:00 pm  | 7 <b>KickBoxing</b><br>6:00-7:00 pm<br><b>Weapons</b><br>7:00-8:00          | 8         | 9 <b>KickBoxing</b><br>6:00-7:00 pm<br><b>Self-Defense</b><br>7:00-8:00 pm | 10                                  | 11                       |
| 13<br><b>Karate</b><br>6:00-7:00 pm | 14 <b>KickBoxing</b><br>6:00-7:00 pm<br><b>Combos</b><br>7:00-8:00          | 15        | 16 <b>KickBoxing</b><br>6:00-7:00 pm<br><b>BoardBreak</b><br>7:00-8:00 pm  | 17                                  | 18                       |
| 20<br><b>Karate</b><br>6:00-7:00 pm | 21 <b>KickBoxing</b><br>6:00-7:00 pm<br><b>Kata</b><br>7:00-8:00            | 22        | 23 <b>KickBoxing</b><br>6:00-7:00 pm<br><b>Sparring</b><br>7:00-8:00       | 24 <b>Merry Christmas Closed</b>    | 25 <b>Christmas</b>      |
| 27<br><b>Karate</b><br>6:00-7:00 pm | 28 <b>KickBoxing</b><br>6:00-7:00 pm<br><b>Self-Defense</b><br>7:00-8:00 pm | 29        | 30 <b>KickBoxing</b><br>6:00-7:00 pm<br><b>Weapons</b><br>7:00-8:00 pm     | 31 <b>Closed</b>                    | 1 <b>Happy New Year.</b> |