

# Black Belt EXCELLENCE



## December Theme

### Simply Christmas

For there is born to you this day in the city of David a Savior, who is Christ the Lord

Luke 2:11

Christmas can be filled with all sorts of emotions. Some people easily experience the joy of the season. Some rest in the hope that God is making all things new. But others struggle to find peace due to life's circumstances. With all that's going on this time of year, we thought it'd be great to go back to the basics and simply celebrate Christmas. The truth is Jesus is best gift God ever gave.

Jesus was proof that God loves us and we can trust God no matter what. Because of Jesus, it's possible for us to have a relationship with God that will last forever. As we remember the Christmas story, we take time to celebrate the greatest gift the world has ever known and rediscover, joy and hope and peace as we rest in the unconditional love of God.

What are you hoping for? Christmas is a time of year that is filled with hopeful anticipation. We look forward to spending time with our families. We hope for a certain gift under the Christmas tree. Or maybe we hope there will be a gift under the tree. With all that might seem strange about Christmas in 2020, it's important for kids to have the chance to process their feelings.

What are your plans for Christmas? December can be a busy time of year for families. We start with this simple question to get kids thinking about how we can respond when life doesn't go according to our plans.

What are you giving this Christmas? Christmas is all about God's love for us. God loved us so much that He gave us His One and Only Son. God's gift to us should compel us to give to others.

This month my son/daughter or student has demonstrated both at home and at school those qualities of responsibility required by our school for students seeking to earn the *Black Belt Excellence Stripe*.

**First Name** \_\_\_\_\_

**Last Name** \_\_\_\_\_

**Date:** \_\_\_\_\_

**Parent Signature** \_\_\_\_\_

**Date Signed by Instructor** \_\_\_\_\_

#### 6 Requirements of the Stripe of Excellence

- ◆ Black Belt Excellence behavior at home
- ◆ Black Belt Excellence behavior and passing grades at school
- ◆ Overall performance and attendance at the karate school
- ◆ Completion of the monthly Black Belt Excellence activity sheet and assignment
- ◆ Returning the Black Belt Excellence sheet when due
- ◆ Returning the Excellence sheet on time, qualifies you for student of the month and belt testing

Return your BBE Sheet to an instructor at the beginning of class to receive your black stripe

## Due December 17th

# Due by December 17th

NAME: \_\_\_\_\_

What is the truth for this month?

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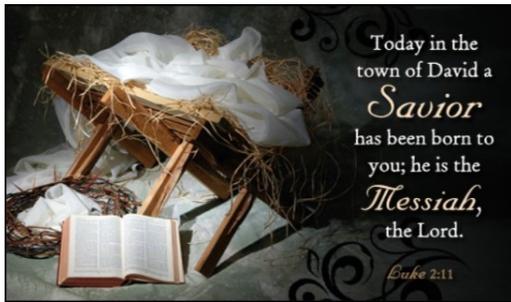
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What is so important about Christ-mas?

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List 4 people you will share Christ-mas with at home or away

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_

christmas  
 savior  
 jesuschrist  
 shepherds  
 giving  
 gifts  
 love  
 joy  
 peace  
 kindness  
 faithfulness  
 faith

Christmas

S S E N L U F H T I A F K D  
 A M K T S I R H C S U S E J  
 M S H E P H E R D S G T M J  
 T K I N D N E S S I Z E M B  
 S R G I V I N G F J C J Z Z  
 I O H Y B Y G T J A K O R L  
 R I T N J W S L E Z Q Y X L  
 H V I W K V W P O G L Z R L  
 C A A T T T T J J V M K K D  
 V S F M M Z L G X G E W V R

