



Teen/Adult KARATE



January 2021

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28 KickBoxing 6:00-7:00 pm Karate 7:00-8:00 pm	29 KickBoxing 6:00-7:00 pm Karate - Kata 7:00-8:00	30	31	1	2
4 KickBoxing 6:00-7:00 pm Karate 7:00-8:00 pm	5 KickBoxing 6:00-7:00 pm Karate/Weapons 7:00-8:00	6	7 KickBoxing 6:00-7:00 pm Karate/Sparring 7:00-8:00	8	9
11 KickBoxing 6:00-7:00 pm Karate 7:00-8:00 pm	12 KickBoxing 6:00-7:00 pm Karate/Self-Def 7:00-8:00	13	14 KickBoxing 6:00-7:00 pm Karate/IK 7:00-8:00	15	16
18 KickBoxing 6:00-7:00 pm Karate 7:00-8:00 pm	19 KickBoxing 6:00-7:00 pm Karate/Combos 7:00-8:00	20	21 KickBoxing 6:00-7:00 pm Karate/Weapons 7:00-8:00 pm	22	23
25 KickBoxing 6:00-7:00 pm Karate 7:00-8:00 pm	26 KickBoxing 6:00-7:00 pm Karate/Kata 7:00-8:00	27	28 KickBoxing 6:00-7:00 pm Karate/Breaking 7:00-8:00 pm	29	30 Parent Student Family Karate

M T TH Kickboxing 6:00 – 7:00 pm M T TH Teen/Adult Karate 7:00 – 8:00 pm