



**Falbo's
FAMILY
KARATE**

934-7977

www.FalbosFamilyKarate.com

TEEN/ADULT KARATE

JUNE 2024



MONDAY	TUESDAY	WEDNSDAY	THURSDAY	FRIDAY	SATURDAY
27 Sparring 6:00-7:00 pm Kickboxing 7:00-8:00 pm	28 BB Training 6:00-7:00 pm Kata 7:00-8:00 pm	29	30 BB Training 6:00-7:00 pm Board Breaking 7:00-8:00 pm	31	1
3 Combinations 6:00-7:00 pm Kickboxing 7:00-8:00 pm	4 BB Training 6:00-7:00 pm Weapons 7:00-8:00 pm	5	6 Dojo Cookout!! BB Training 6:00-7:00 pm Open Mat, Spar, Weapons 7:00-8:00 pm	7	8 Andalusia Tournament
10 Weapons 6:00-7:00 pm Kickboxing 7:00-8:00 pm	11 BB Training 6:00-7:00 pm Sparring 7:00-8:00 pm	12	13 BB Training 6:00-7:00 pm Kata 7:00-8:00 pm	14	15
17 Ippon Kumite 6:00-7:00 pm Kickboxing 7:00-8:00 pm	18 BB Training 6:00-7:00 pm Self-Defense 7:00-8:00 pm	19	20 BB Training 6:00-7:00 pm Weapons 7:00-8:00 pm	21	22
24 Self-Defense 6:00-7:00 pm Kickboxing 7:00-8:00 pm	25 BB Training 6:00-7:00 pm Combinations 7:00-8:00 pm	26	27 BB Training 6:00-7:00 pm Board Breaking 7:00-8:00 pm	28	29 Black Belt Testing

BB Training Tuesday & Thursday @ 6pm

Teen/Adult Karate Monday @ 6pm and Tuesday & Thursday @ 7pm