

Black Belt EXCELLENCE



June - Friendships

Friendship is spending time with someone you trust and enjoy. Just as Jesus spent time with His friends so they could get to know Him better, we can build trust and have fun with our friends as we spend time with them. But we often take friendship for granted. We have friend requests on Facebook and conversations through email that make us feel hyper-connected with anyone on the other side of the Internet connection. However, real friends are **Stuck Like Glue** and won't let go when times get tough. The monthly memory verse is: **"A friend loves at all times. He is there to help when trouble comes."** (Proverbs 17:17 NIV). Everyone needs encouragement, especially in tough times. A friend will be ready with helpful words and simple actions to strengthen his friends. Our Bottom Line is: **Friends accept one another.** Even if someone has different interests than us, has a different background, or makes a bad choice, we can still accept and help them.

This month my son/daughter or student has demonstrated both at home and at school those qualities of responsibility required by our school for students seeking to earn the *Black Belt Excellence Stripe*.

First Name _____

Last Name _____

Date: _____

Parent Signature _____

Date Signed by Instructor _____

Requirements of the Stripe of Excellence

- ◆ Black Belt Excellence behavior at home.
- ◆ Black Belt Excellence behavior and passing grades at school.
- ◆ Overall performance and attendance at the karate school.
- ◆ Completion of the monthly Black Belt Excellence activity sheet and assignment.
- ◆ Returning the Black Belt Excellence sheet on time by June 27

Due June 26-27

Please Answer the Following Questions about Friendship

1. A friend loves

- a. When you are getting something in return
- b. Only when you are feeling good
- c. On your birthday
- d. all the above

2. Friendship is:

- a. Being mean to someone
- b. Judging them
- c. Spending time with someone you love and trust
- d. Avoiding someone because you don't like them



3. Everyone needs _____, especially in _____ times.

- a. bullies; hard
- b. someone to be mean to them; good
- c. to be made fun of; bad
- d. Encouragement; tough

4. Real friends are:

- a. Stuck like glue
- b. Mean behind your back
- c. The ones who bully you
- d. Only your friends when they want something

Friendship Award



You are a
FANTASTIC friend!



5. Friends _____ one another:

- a. Accept
- b. Bully
- c. Mistreat
- d. Ignore



What does Proverbs 17:17 say

Using a Dictionary, Define the Following:

Friendship –



Due by June 26-27