



Teen/Adult Karate

MAY



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3 Kickboxing 6:00-7:00 pm Karate 7:00-8:00	4 Kickboxing 6:00-7:00 pm Kata 7:00-8:00	5	6 Kickboxing 6:00-7:00 pm Weapons 7:00-8:00	7	8
10 Kickboxing 6:00-7:00 pm Karate 7:00-8:00	11 Kickboxing 6:00-7:00 pm Self-Defense 7:00-8:00	12	13 Kickboxing 6:00-7:00 pm Combinations 7:00-8:00	14	15
17 Kickboxing 6:00-7:00 pm Karate 7:00-8:00	18 Kickboxing 6:00-7:00 pm Tournament Kata & Weapons 7:00-8:00	19	20 Kickboxing 6:00-7:00 pm Tournament Sparring 7:00-8:00	21 Karate Tournament Teen/Adult Workshop 5-6pm	22 Crestview Open Karate Tournament
24 Kickboxing 6:00-7:00 pm Karate 7:00-8:00	25 Kickboxing 6:00-7:00 pm Sparring 7:00-8:00	26	27 Kickboxing 6:00-7:00 pm Board Breaking 7:00-8:00	28	29 Family Beach Fest Pensacola Beach Main Pavilion 10am-6pm We will have a board Breaking booth
31 Memorial Day Closed	1 Kickboxing 6:00-7:00 pm Kata 7:00-8:00	2	3 Kickboxing 6:00-7:00 pm Ippon Kumite 7:00-8:00	4	5

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