

Black Belt EXCELLENCE



November Theme

Honor

“Love each other deeply. Honor others more than yourselves.” Romans 12:10



Stop and think about someone you admire. Are you thinking of someone? Whether that person is a teacher, coach, friend or family member, he or she is valuable to you. You recognize that this person is important because what they do impacts your life. But did you know that everyone is valuable? That’s right. Your principle, your sibling’s, your babysitter, and your bus driver — they are all valuable.

Every person has value, not because of what they do, but because each and every person has been put together by God. When God created people, He made them in His image. That means every person alive today has been put together in the likeness of God. So every person has value. And it’s our job to help everyone feel like they are valuable.

When we show other people how valuable they really are, we are showing them honor. There are many ways to honor someone. Moses gave us the Ten Commandments to teach us to honor our mother and father. Paul taught us to honor the authorities who have been placed over us on earth. When Jesus was on earth, He taught us to honor everyone—even those who are overlooked and unpopular.

In your karate class, you not only honor the Black belt instructors but also those who are not Black belts around you. It doesn’t matter what rank they are. You will be or already have been that rank at one time. It doesn’t even matter if they can do a tornado kick and you can’t. Honor a person for who they are. For what they can or can’t do.

Jesus showed other people how valuable they really were by spending time with them. He ate dinner with people who usually ate alone. He served people who were used to doing the serving. He paid attention to people who normally didn’t get a lot of attention. If Jesus thought it was important to honor everyone, then we should follow His example. This month look for ways to show others how valuable they really are.

This month my son/daughter has demonstrated both at home and at school those qualities of Black Belt Excellence required by the school for students seeking to earn belt advancement.

Student’s Name _____

Date _____

Parent’s Signature _____

DATE Entered by Instructor _____

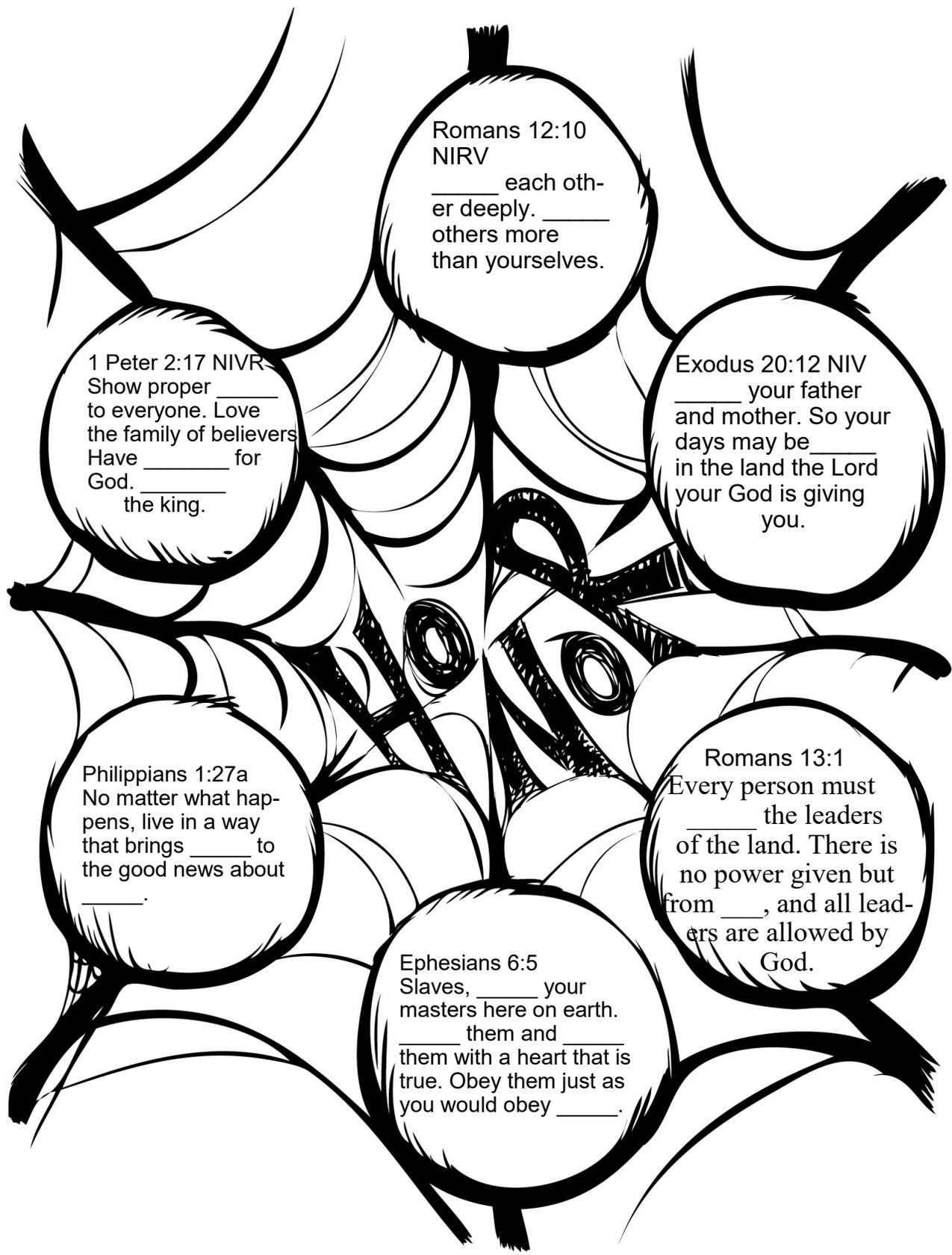
5 Requirements of the Black Belt Excellence Stripe

- ◆ Responsible behavior at home
- ◆ Responsible behavior and passing grades at school
- ◆ Overall performance and attendance at the karate school
- ◆ Completion of the monthly Excellence Sheets
- ◆ **Returning the Excellence sheet by the due date
To an instructor at the beginning of the class**
- ◆ **Returning the Excellence sheet on time,
qualifies you for student of the month and
belt testing**

Must Return by November 19

Remember these sheets are **YOUR** responsibility not your parents’.





Romans 12:10
NIRV
_____ each other deeply. _____ others more than yourselves.

1 Peter 2:17 NIVR
Show proper _____ to everyone. Love the family of believers. Have _____ for God. _____ the king.

Exodus 20:12 NIV
_____ your father and mother. So your days may be _____ in the land the Lord your God is giving you.

Philippians 1:27a
No matter what happens, live in a way that brings _____ to the good news about _____.

Romans 13:1
Every person must _____ the leaders of the land. There is no power given but from _____, and all leaders are allowed by God.

Ephesians 6:5
Slaves, _____ your masters here on earth. _____ them and _____ them with a heart that is true. Obey them just as you would obey _____.