



Adult/Teen Karate

NOVEMBER 2020



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2 KickBoxing 6:00-7:00 pm Krav Maga 7:00-8:00pm	<i>voter</i> 3 KickBoxing 6:00-7:00 pm Self-Defense 7:00-8:00 pm	4 Krav Maga 7:00-8:00pm	5 KickBoxing 6:00-7:00 pm Sparring 7:00-8:00 pm	6	7 Christmas Sale <i>10 am-2 pm</i>
9 KickBoxing 6:00-7:00 pm Krav Maga 7:00-8:00pm	10 KickBoxing 6:00-7:00 pm Kata 7:00-8:00pm	11 Krav Maga 7:00-8:00pm	12 KickBoxing 6:00-7:00 pm Ippon Kumite 7:00-8:00 pm	13	14 Kids Make & Take Class
16 KickBoxing 6:00-7:00 pm Krav Maga 7:00-8:00pm	17 KickBoxing 6:00-7:00 pm Weapons 7:00-8:00pm	18 Krav Maga 7:00-8:00pm	19 KickBoxing 6:00-7:00 pm Breaking Sparring 7:00-8:00 pm	20	21
23 KickBoxing 6:00-7:00 pm Krav Maga 7:00-8:00pm	24 KickBoxing 6:00-7:00 pm Combinations 7:00-8:00 pm	25 Krav Maga 7:00-8:00pm	26 Closed Happy Thanksgiving	27	28
30 KickBoxing 6:00-7:00 pm Krav Maga 7:00-8:00pm	1 KickBoxing 6:00-7:00 pm Kata 7:00-8:00pm	2 Krav Maga 7:00-8:00pm	3 KickBoxing 6:00-7:00 pm Weapons 7:00-8:00 pm	4	5 DJy Christmas Gifts