



Teen/Adult KARATE



October 2021

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28 Karate 6:00-7:00 pm	29 KickBoxing 6:00-7:00 pm Weapons 7:00-8:00	30	31 KickBoxing 6:00-7:00 pm Ippon Kumite 7:00-8:00	1	2 Black Belt Testing
4 Karate 6:00-7:00 pm	5 KickBoxing 6:00-7:00 pm Kata 7:00-8:00	6	7 KickBoxing 6:00-7:00 pm Sparring 7:00-8:00	8	9
11 Karate 6:00-7:00 pm	12 KickBoxing 6:00-7:00 pm Self-Defense 7:00-8:00	13	14 KickBoxing 6:00-7:00 pm Combos 7:00-8:00	15	16
18 Karate 6:00-7:00 pm	19 KickBoxing 6:00-7:00 pm Kata 7:00-8:00	20	21 KickBoxing 6:00-7:00 pm Breaking 7:00-8:00 pm	22	23
25 Karate 6:00-7:00 pm	26 KickBoxing 6:00-7:00 pm Ippon Kumite 7:00-8:00	27	28 KickBoxing 6:00-7:00 pm Weapons 7:00-8:00 pm	29 Fight Night Fundraiser	30