

# TEEN/ADULT KARATE

## DECEMBER 2025



MONDAY	TUESDAY	WEDNSDAY	THURSDAY	FRIDAY	SATURDAY
1 <b>Weapons</b> 6:00-7:00 pm <b>Kickboxing</b> 7:00-8:00 pm	2 <b>BB Training</b> 6:00-7:00 pm <b>Self Defense</b> 7:00-8:00 pm	3	4 <b>BB Training</b> 6:00-7:00 pm <b>Sparring</b> 7:00-8:00 pm	5 <b>Christmas Party 7pm</b>	6 <b>Christmas Family Fest</b> <b>Museum Plaza</b> <b>5 – 8 pm</b>
8 <b>Kata</b> 6:00-7:00 pm <b>Kickboxing</b> 7:00-8:00 pm	9 <b>BB Training</b> 6:00-7:00 pm <b>Ippon Kumite</b> 7:00-8:00 pm	10	11 <b>BB Training</b> 6:00-7:00 pm <b>Kick Boxing</b> 7:00-8:00 pm	12	13 <b>Teen Adult Class 9am</b> <b>Reserve a spot</b>
15 <b>Combinations</b> 6:00-7:00 pm <b>Kickboxing</b> 7:00-8:00 pm	16 <b>BB Training</b> 6:00-7:00 pm <b>Weapons</b> 7:00-8:00 pm	17	18 <b>BB Training</b> 6:00-7:00 pm <b>Board Breaking</b> 7:00-8:00 pm	19	20 <b>Teen Adult Class 9am</b> <b>Reserve a spot</b>
22 <b>Ippon Kumite</b> 6:00-7:00 pm <b>Kickboxing</b> 7:00-8:00 pm	23 <b>BB Training</b> 6:00-7:00 pm <b>Kata</b> 7:00-8:00 pm	24 <b>Merry Christmas</b> <b>Closed</b>	25 <b>Merry Christmas</b> <b>Closed</b>	26 <b>Merry Christmas</b> <b>Closed</b>	27
29 <b>Weapons</b> 6:00-7:00 pm <b>Kickboxing</b> 7:00-8:00 pm	30 <b>BB Training</b> 6:00-7:00 pm <b>Self Defense</b> 7:00-8:00 pm	31	1 <b>HAPPY NEW YEAR CLOSED</b>	2	3 <b>Teen Adult Class 9am</b> <b>Reserve a spot</b>

BB Training Tuesday & Thursday @ 6pm

Teen/Adult Karate Monday @ 6pm and Tuesday & Thursday @ 7pm