

Junior Karate

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
31 Kata/Combinations	1	2	3 Kick boxing	4	5
7 Happy Labor Day Closed	8 Self-Defense Street Clothes	9	10 Ippon Kumite Sparring	11	12
14 Kata/Weapons	15	16	17 Kick boxing BBE Sheets Due*	18	19
21 Student Evaluations Intensity Full White Uniform Required	22	23 Board Breaking! Bring - A - Buddy	24 	25 Belt Testing Graduation	26 Women's Self-Defense Workshop 10am-12
28 Ippon Kumite	29	30	1 Kick boxing	2	3

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*ALL JUNIOR ARE REQUIRED TO TURN IN A BLACK BELT EXCELLENCE SHEET EACH MONTH