



Proteins sample ideas

- Pork
 - Roasted Pork Tenderloin
 - Grilled Pork Loin
- Chicken
 - Grilled Chicken
 - Pan Seared Chicken
 - Panko Encrusted Chicken
- Atlantic Salmon
 - Pesto Encrusted
 - Grilled
 - Pan Seared
 - Blackened
- Steak
 - Filet Mignon
 - Sirloin Filet
- Penne Pasta
- Cheese Tortellini
- Mac n' Cheese
- Fettucini

Sauce Ideas to go with Proteins

- Lemon Bechamel
- Vodka Cream
- Mushroom Marsala
- Sundried Tomato Cream
- Lime Basil Marinara
- Roasted Red Pepper Couli
- Supreme Sauce
- Demi Glace
- Alfredo
- Pesto Cream

Side Ideas

- Bourbon Glazed Carrots
- Lemon Dill Carrots
- Buttered Broccoli
- Grilled Vegetables
- Fire Roasted Asparagus
- Sauteed Zucchini
- Butter Whipped Potatoes
- Herb Roasted Potatoes
- Wild Rice Blend
- Roasted Garlic Rice
- Spanish Rice
- Fruit Skewers w/ Vanilla bean dip
- Cheese & Sausage display with crackers
- Vegetable display with lemon dill dip
- Lunch Ideas
 - Assorted Paninis
 - BBQ Pork
 - Cranberry Chicken
 - 3 Cheese
 - Ham and Swiss
 - Cold sliders
 - Pesto chicken & provolone
 - Ham & swiss with honey mustard
 - Turkey, cranberry mayo, provolone