



Entwined Health & Beauty

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**Acupuncture Services & LASER / IPL / RF Treatments**

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## Dermal Filler Information

Information resource for patients

### **What is a dermal filler substance?**

Our dermal filler ingredient is found in almost every living thing, and in humans - Hyaluronic Acid. It acts as a network to transfer essential nutrients from the blood to the skin. Connective tissue (that is, your skin, cartilage, and joints) has high levels of Hyaluronic Acid. It can absorb up to 300% of its volume in water.

The substance we use is a popular type of dermal filler due to its resemblance to natural human tissue. The cosmetic variety is not animal-derived, but synthetic. In its extracted (animal-derived) form, it is used for several medical purposes. The synthetic form offers a lowered risk of allergic reaction.

### **What is a dermal filler?**

A dermal filler is an injectable substance that fills in areas within the skin's layers. When injected, it acts like a cushion that supports facial structures and tissue, particularly those that may have lost elasticity or volume. It also brings water to the surface of the skin, helping it appear soft and supple.

### **How long do the results last?**

The results of our dermal filler ranges from several months to one or two years, depending on the treatment area. There is some evidence to suggest that repeated injections actually help the body to stimulate collagen production naturally, which reduces lines and wrinkles. Less filler may be required over time to achieve the same look.

Scars can take several treatments to fill in.

### **What are the side effects of dermal fillers?**

Side effects can include redness, swelling or bruising at the injection site. Another issue can be the filler appearing as tiny bumps under the skin or infection.

### **Recovery time**

All treatments come with varying recovery times, which will be discussed with you. You can immediately resume normal activities after receiving as a dermal filler. Some minimal swelling and bruising is likely for up to 48 hours, and could last as long as five days.

### **What are the most common areas treated with dermal filler?**

- Acne scarring
- Cheeks
- Crow's feet
- Deep smile lines (nasolabial furrows)
- Frown lines (between the eyebrows or on the forehead)
- Lines at the corners of the mouth
- Redefine the lip border
- Scars including burns, acne and those caused by wounds
- Smoker's lines; vertical lines on the mouth
- Some facial scars
- Worry lines that run across your forehead

### **How long does the treatment with dermal filler take?**

Each treatment takes between 30 and 60 minutes.

### **What happens during treatment with dermal filler?**

The area to be treated will be cleaned and anaesthetised if required. A tiny needle injects very small amounts of dermal filler into the areas of the face where treatment is desired, with very little discomfort. An ice pack can be applied if needed afterwards, and then you are done.

**If you have any questions regarding your dermal filler treatment, please talk to us.**