



DEDICATED TO SERVING FRESHNESS

LIFE'S GATHERINGS

PARTY PLATERS FOR A HEALTHIER CROWD

PARTY MENU - \$145

Serves up to 10 People
Your Choice of Salad • Summer, Kale or Crunchy salad
10 Wrap Halves • Chicken, Veggie or Salmon, served with multigrain crackers

GET TOGETHER - \$275

Serves up to 20 People
Your Choice of Salad • Summer, Kale or Crunchy salad
20 Wrap Halves • Chicken, Veggie or Salmon, served with multigrain crackers

ASSORTED WRAPS - \$125

Serves 8 - 10 People
10 Wrap Halves • Chicken, Veggie, Tuna, or Salmon, served with multigrain crackers

SALADS PARTY OF SIX - \$84.00

Serves up to 6 People
Your Choice of Salad • Summer, Kale or Crunchy salad
One Choice of Protein • Chicken, Tofu or Salmon

WRAPS PARTY OF SIX - \$94

Serves up to 6 People
6 Wrap Halves • Chicken, Veggie or Salmon, served with multigrain crackers & house salad

BOWLS PARTY OF SIX - \$104

Serves up to 6 People
6 Protein Bowls • Chicken, Tofu or Salmon, served with house salad

FAMILY SALAD - \$145

Serves up to 12 People
Your Choice of Salad • Summer, Kale & Roasted Veggies or Crunchy Watercress salad



PIZZA PARTY - \$120 FOR 6

PIZZA PARTY - \$185 FOR 10

PIZZA PARTY - \$280 FOR 16

Your Choice of Cauliflower Crust Pizza • Protein, Veggie or Chicken



ALL CATERING ORDERS REQUIRE 48 HR ADVANCE ORDERING.
All food and beverage is subject to a taxable 20% administrative fee and 7% Sales Tax.



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ROASTED SALMON - \$95

Serves 12 - 16 People

Oven roasted salmon platter with 16 pieces, served family style with lemon wedges

POWER BREAKFAST - \$85

Serves 12 - 16 People

Breakfast platter includes 8 free range boiled egg slices, cured raw salmon slices with lemon wedges & sesame seeds on a bed of baby spinach, tomato slices & sprinkled feta cheese

AVOCADO TOAST - \$75

Serves 12 - 16 People

16 Country Sourdough Toast slices with freshly mashed avocado, cilantro & microgreens

CELEBRATE WITH

HOMEMADE COOKIE PLATTER - \$42 | 16 COOKIES

Freshly Baked Chocolate Chip Cookies

FRUITS & GREEK YOGURT - \$65

Serves 12 to 16 People

Assorted Seasonal Fruits, Greek Yogurt, Homemade Granola & Honey

HOMEMADE GUACAMOLE - \$42 | 64 OZ.

Serves 12 to 16 People

Freshly Smashed Avocado seasoned with Cilantro & Enjoyed with Almond Crackers



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