



Vital Life Commitment Letter

I, _____(enter name) agree my life is a grand adventure.

I know life is a fantastic gift. From the miracle of conception to the mystery of the ever after, life is truly divine.

I am in charge of my life and I can choose what kind of life I lead. It is up to me and only me to make my life, relationships, career or business whatever I want it to be.

I choose my life to be a successful adventure. I prefer to see my life as an exciting journey filled with highs and lows. The ups and downs of life are more fascinating than a Broadway play. I approach my days with anticipation and awe.

I know Life Strategies for Success will strive to build a relationship with me as a creative partner. Through this partnership, I may:

- Discover talents and how I can implement them in my daily life;
- Learn to set my boundaries and live authentically;
- Be held accountable for my stated goals, plans, and desires;
- Promote my self-discovery and personal growth;
- Create and modify obtainable goals;
- Collaborate my vision with simple, manageable, and efficient processes;
- Create an accountability plan to boost productivity;
- Achieve my goals;
- Find a manageable balance between work and life; and,
- Incorporate the use of key core values.

I am ready to clarify my goals, discover my talents, and create a life of success! Let's work together.

Your Signature

Date

I am most interested in:

- _____ One-on-One Strategy Sessions
- _____ Group Sessions
- _____ Collaborative Experiences

I look forward to meeting you!