Name: Abba = Father

Language: Aramaic
Pronounced: *Ahb-bah*

Meaning:

"Abba" means **"Father"** in an intimate, personal sense—like saying "Daddy" or "Dear Father."
It expresses deep closeness, dependence, and trust between a child and a loving father.

Breakdown of the Word:

- **"Ab"** – Hebrew root meaning "father"
- **"Abba"** – Aramaic form with a more intimate tone
  It's not just a title, but a heartfelt expression of relationship, love, and reverence.

◆ Bible Verses (KJV):

Mark 14:36 – Jesus' Prayer in Gethsemane

"And he said, Abba, Father, all things are possible unto thee; take away this cup from me: nevertheless not what I will, but what thou wilt."
➡ Jesus uses "Abba" to show submission and trust in the Father during great distress.

Romans 8:15

"For ye have not received the spirit of bondage again to fear; but ye have received the Spirit of adoption, whereby we cry, Abba, Father."
➡ Through the Holy Spirit, believers have a relationship with God as sons and daughters—able to call Him "Abba."

Galatians 4:6

"And because ye are sons, God hath sent forth the Spirit of his Son into your hearts, crying, Abba, Father."

➡ The Spirit in us affirms our adoption and personal closeness with God.

How to Apply "Abba" in Daily Life:

1. **Pray with Intimacy and Trust:**
   Begin prayer by calling on "Abba, Father" to remind yourself of your secure and loving relationship with Him.
2. **Cast Your Cares Upon Him:**
   Like a child runs to a loving parent, bring your needs, fears, and joys to Abba without hesitation (1 Peter 5:7).
3. **Walk in Identity:**
   Remember—you're not just a servant, you're a beloved child of God. This gives you peace and boldness (Romans 8:16).
4. **Live in Freedom, Not Fear:**
   You are not a slave to sin or fear; Abba has adopted you. Let that drive your choices and confidence.
5. **Trust His Will:**
   Just like Jesus did in Gethsemane, submit to the Father's will with confidence in His love and wisdom.