

Happy Halloween!

Ideas and activities to try over
the Halloween break!



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Inside...

Lots of ideas,
and activities to try over the
Halloween break!



get crafty



cook up a storm



take it outside



sensory play



read together



other ideas



and relax...



for the teenagers

A starburst-shaped callout box with a jagged orange border. Inside, a black hand cursor icon points towards the text. The text is white and reads: 'With lots of clickable links!'.

With lots
of
clickable
links!



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get crafty

try finger painting with little tots
(mix some washing up liquid into your paint for easy clean up!)



thepioneerwoman.com has some brilliant Halloween crafts for kids of all ages or try these ideas at [Good Housekeeping](http://GoodHousekeeping.com)



Leaf rubbings (all you need are crayons and paper!)
Place the sheet of paper on top of your leaf and press down gently. First, choose a darker shade of crayon and rub it over the veins and textures of the leaves, then a lighter colour to add more detail.

Collect leaves and sticks and use them to make spooky pictures!

cook up a storm

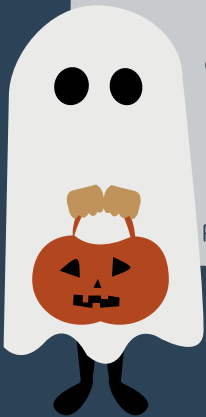
Make hot chocolate with cream and marshmallows, always a family favourite!



Cook up a vegetable soup or stew.
Kids love to help with peeling and chopping - they might even chance eating it too!!

Instead of toffee or chocolate apples -
try chocolate apple slices!
Cut some eating apples into thick slices,
pop on a lollipop stick,
dip in chocolate
then set on some parchment paper.
Decorate with sprinkles or small sweets!

For more kids halloween recipes visit [here](#).



take it outside



Visit your local park or green space -
check out your local council website for details!

Fly a Kite or play frisbee!

Try an autumn scavenger hunt with this free printable
from [the purposeful nest](#) ➡

Play in fallen leaves.

Use torches to take a night time walk.

Go on a bike ride.

Take a walk around your neighbourhood and look out for
Halloween decorations.



sensory play

Visit a [pocket of pre school](#) ➡
and learn how to make sensory bottles.

Make cloud dough. Mix 2 cups of flour with 1 cup of
(cheap !) hair conditioner and a few drops of food
colouring - mix well then Knead to make a dough (add
more flour if it's too sticky and more conditioner if it's
too dry).

Make homemade slime using this recipe at
➡ [BBC Good Food!](#)

or for lots more sensory play
ideas visit [here!](#) ➡



read together



My all time favourite Halloween stories are
Room on the Broom (Julia Donaldson)
and ANY of the Winnie the Witch
storybooks (Valerie Thomas)



but you can find lots of other ideas [here!](#)



other ideas

Carve a pumpKin.

Have a night time picnic.

Bob for apples.

Have a costume competition/photoshoot.

Go trick or treating (with a grown up!)

and relax...



Grab some cosy blankets, cuddle up
together and watch a spooky movie!

Try these Spooktacular Halloween
Movie ideas from [Stuffed Suitcase!](#)



for the tweenagers...



Make a coffee/ hot chocolate bar

Cosy up and ave a scary movie marathon with these ideas from movie web.:👉

Bob for worms---- put 5 jelly worms worms on a paper plate and cover with whipped cream. You need to do this for each player. Tie the hands of the players lightly with a scarf. As you say, "go," the players must pull the worms from the plate and place them on the table. The tween who puts the fifth worm first will be the winner.

Invite friends for a sleepover and camp out in the living room.

Have a midnight feast!



destinedforgreatnessni.com



Hi I'm Katrina

I am a specialist educator, parenting and emotional wellness coach with over 20 years experience working with children and young people (and their families and schools!).

I support parents to embrace a more positive style of parenting, creating connected, respectful relationships with their children and helping them to raise confident, resilient, emotionally healthy and happy adults. I help parents (and schools!) to understand and support the social, behavioural, emotional and wellbeing needs of their children and young people.

At Gather Wellbeing, I also empower adults to prioritise and nurture their own emotional health and wellbeing so that they can shift from surviving to thriving and create a life that they love!