

AlphaRet® Professional Peel

Instructions

Peels should not be performed on pregnant or nursing mothers.

AlphaRet Professional Peel 30 and AlphaRet Professional Peel 50

Pre-Peel Application Instructions

1. Avoid exfoliators (AHAs/BHAs) for at least 48 hours prior.
2. Do not use retinoids/Vitamin A products for at least 48 hours prior.
3. Do not use self-tanning products for 48 hours prior.
4. If history of cold sores, consult your provider before treatment.
5. Do not perform on sunburned or windburned skin.
6. Avoid waxing/lasering 48 hours prior; avoid shaving 8 hours prior.
7. Ensure skin is fully healed from any prior procedures.

Please consult your provider if you've had recent procedures.

Post-Peel Application Instructions

1. Non-comedogenic makeup may be applied after treatment.
2. Avoid exercise for a few hours post-treatment.
3. Avoid direct sun exposure; use SPF 30+ daily.
4. Avoid retinoids/Vitamin A for 5 days.
5. Avoid exfoliating acids for 5 days.
6. If irritation occurs, stop products until skin normalizes.
7. Avoid waxing for 48 hours.
8. Avoid heat (steam, sauna, hot tools) for 8 hours.