

# BioRePeel

## **Possible Contraindications:**

Please notify your esthetician prior to your appointment if you have any of the following conditions:

- Active bacterial infections, viral, fungal, or herpes infections.
- Open wounds/sunburnt.
- Pre-existing inflammatory dermatitis (ie. Psoriasis, atopic dermatitis).
- Skin cancer - must be cancer free for a period of 3 years and have direct written consent from your Doctor.
- Pregnant/breastfeeding.
- History of drugs with photosensitizing potential.
- Use of accurate within a 6 month period
- Not fully recovered from any kind of cosmetic surgery.
- Aspirin allergy.
- \*If your skin is just not healthy enough to receive it (not-prepped). We have a SKIN PREP KIT available to purchase in the spa, and suggest using it for at least 2-weeks PRIOR to your appointment. Please reach out.

## **Pre Care Instructions:**

Hair Removal - Wax / Shaving / Laser / Chemical- at least 7 days prior.

Retina-A (Retinols) - please stop 7 days prior.

Acids (AHA/BHS) - please stop 7 day prior.

Antibiotics - please stop 7 days prior (consult your Doctor)

Botox / Filler - must wait 14 days after botox or filler.

## **Post Care Instructions:**

**WE BELIVE IN “WET” HEALING = Keep your skin extremely hydrated!**

### **The first 72 hours:**

- Only use the SkinKit given to you.
- Avoid the SUN. Wear physical / mineral sunscreen.
- Avoid SWEATING (No sauna, hot yoga, hot showers, exercising, etc.)
- Keep the treated area clean by washing your hands before touching your face. Please dry your face using CleanSkinClub disposable towels. (Sold in spa). Use clean pillowcases.
- Only wear makeup if absolutely necessary, and use mineral or non comedogenic products.
- Sleep on your back with your head elevated to minimize pain and swelling.
- Flaking may occur and is natural and expected. Do NOT pick, scratch, or scrub your skin! Allow it to flake off naturally. This is crucial for the healing process.

### **7 Days Post Peel:**

You may resume your normal skin routine including Acids, Exfoliants, and Retinols. If you notice your skin is still 'raw' or sensitive, then wait. Listen to your skin. Always aid on the side of caution.

**Make sure to notify the professional performing the following treatments that you recently recovered a CHEMICAL PEEL so they can advise you properly: Botox/Filler, Laser, Waxing, Threading**