## DERMAPLANE

## Medical contraindications:

If you have the current conditions, please speak to your esthetician: Diabetes, Cancer (Undergoing treatment), Accutane/Isotretinoin, Blood thinners / history of bleeding, High dosage use of Aspirin, Pustular acne lesions, Cystic Acne, Cold Sores, Sunburn.

## PRE CARE

- Accutane Must have STOPPED the use of Accutane/Isotretinoin at least 12 months prior.
- 14 days prior to your appointment : No IPL/LASER treatments, Chemical Peels
- If you are prone to pigmentation, please make sure to use a tyrosinase inhibitor / melanin suppressant for at least 2 weeks prior.
- 7 days prior: NO botox/Fillers
- 5 days prior: Stop the use of Actives like Retin-A / retinoids, AHA/BHAS, Benzoyl Peroxide, exfoliants, acids.
- It's OK to get waxed immediately before a dermaplane, just let your esthetician know so we can avoid the area!

## POST CARE

- NO SUN / NO SWEAT for the first 24 hours.
- It's OK to receive chemical peels, botox/fillers, and laser treatments immediately after. Please make sure you've notified the professional performing your service that you just were dermaplaned.
- Please use a tyrosinase/melanin suppressant asap!!
- Sunscreen daily.
- Wait 5 days to use Actives like Retin-A / Retinoids, AHA/BHAS, Benzoyl Peroxide, exfoliants, acids.
- WAXING Must wait at least 7 days to wax
- Dermaplaning may be performed every 4 weeks