

# Dermaplaning

## Medical Contraindications:

Abrasions	Broken Capillaries
Bleeding Disorder	Eczema
Dermatitis	Sunburn
Hemotoma	Hypersensitive Skin
Herpes	Rosacea
Skin Disease	Autoimmune Disorder
Active Acne	Skin Cancer

## Prior to your appointment, please acknowledge:

You have no current skin infections or break-outs in the area being treated.

You are not on blood thinning medication.

You have not had any facial surgery or injuries within the past 30 days.

You have not received Botox/Filler in the past 2 weeks.

You are currently NOT taking any form of \*Retonoids; internally or topically.

\*Topically, you must have stopped at least 7 days prior to appointment.

\*Internally you must have stopped 6 months prior.

Please make sure you've got the OK from your doctor.

## For the first 24 hours AVOID:

Touching or scratching the treated area

Hot baths or showers (cool or lukewarm water only)

Saunas, hot tubs, pools, or steam rooms

Massage or friction in the treated area

Rubbing your skin dry

Tanning (sunbathing, sun beds, or fake tans)

Exfoliating the treated area

Exercise or other activities which cause you to sweat

Applying products to the treated area (including make-up, lotions, soaps, powders, perfumes, harsh cleaning products, and self-tanning products)

## For the next 7 days:

Booking any other facial treatments

Direct sun exposure

Complicated skincare routines.

It is important to moisturize your freshly exfoliated skin regularly.

We suggest Vaseline or dermatologist approved moisturizers.

We sell a post recovery serum, please inquire if interested.

Try to avoid direct sun exposure for 2 weeks post-treatment.

Always use sunscreen (SPF 30+) to protect your delicate facial skin.

## **CONSENT**

I understand that dermaplaning is a physical/ mechanical form of exfoliation using a specialized dermaplaning blade for the removal of built-up dead skin cells and vellus hair on the epidermis level. As with the use of any sharp instrument, there is the possibility of nicks or cuts. I understand there are contraindications to this treatment, including but not limited to, diabetes (not controlled by diet or medication), cancer, active acne, bleeding disorders, the inability for blood to coagulate, or the development of keloids following injury. Certain medications including blood thinners, higher dosages of Aspirin, and Accutane are contraindicated for this treatment due to the possibility of delayed clotting from a nick or cut. I certify that I am not taking any of the above medications or experiencing any of the above conditions. While every precaution will be taken to avoid nicks, cuts, and scratches, I understand the risks and consent to treatment today. I understand that my esthetician only utilizes sterilized, disposable equipment to minimize the risk of infection or contamination and that my esthetician has received training in appropriate sanitation and hygiene techniques prior to performing any procedures. While the risk of infection from our procedures is extremely rare, the possibility of such an occurrence cannot be totally prevented. Accordingly, I understand and accept the risk and release this business from any and all liability related to the subject procedure, except instances involving gross negligence.

I acknowledge that I have reviewed and approved the material given to me.

Any questions or concerns, Call or Text (808)452-5503