

## Factor Five “Renewal Dermal Solution”

### Pre & Post Care Guidelines

#### Medical Contraindications

If you have any of the following conditions, please speak with your esthetician before treatment:

- Cancer
- Sunburn / Open Wounds
- Pregnancy / Breastfeeding
- Ultra Sensitive Skin

#### Skin Prep

- Isotretinoin (Accutane): Stop 6 months prior
- Prescription Retinoids (Tretinoin/Retin-A): Stop 7 days prior
- Over-The-Counter Retinoids: Stop 3 days prior
- Actives (\*See list below): Stop 3 days prior
- Injectables (Fillers, Botox, etc.): 2 weeks prior
- Radio Frequency, HIFU, IPL: 2 weeks prior
- Ablative Lasers: 2 weeks prior
- Hair Removal (Waxing, Laser, Electrolysis): 4 weeks prior

#### Post Procedure Care

- You will receive a FREE Post-Procedure Kit with instructions (7 days supply).
- For the first 24 hours: NO sun exposure and NO sweating
- Avoid ALL Retinoids or Actives for 7 days
- No Hair Removal (Waxing, Laser, Electrolysis) for 4 weeks
- No Ablative Lasers for 4–6 weeks
- No Radio Frequency, HIFU, IPL for 4 weeks
- Book your next peel in 7–10 days (3–5 sessions recommended)

#### Things to Note

- Treatment time: 30 minutes
- Makeup: Only if absolutely necessary (choose mineral or non-comedogenic)
- Best results: 3–5 treatments, spaced 7–10 days apart

#### Highlighted Ingredients

- TCA – Removes dead skin cells, stimulates new cell growth, boosts collagen & elastin
- Hydrogen Peroxide – Stimulates fibroblasts and cell proliferation
- Kojic Acid – Brightens skin, lightens sun damage, age spots, and scars
- Peptides – Improve skin texture and tone with antioxidant benefits
- Human Stem Cell Growth Factors – Support cell regeneration, soothe inflammation, accelerate healing, enhance smoothness & firmness
- Bis(Tripeptide-1) Copper Acetate – Promotes wound healing, collagen formation, and elasticity
- Soothing Ingredients – Calm, protect, and balance skin post-treatment

#### \*Actives

- Benzoyl Peroxide
- Over-the-counter Retinol/Retinal (Retinoids)
- AHA/BHA (Alpha Hydroxy and Beta Hydroxy Acids)
  - Glycolic Acid
  - Lactic Acid
  - Salicylic Acid
  - Mandalic Acid