# Korean Brightening Treatment

## **MEDICAL CONTRAINDICATION:**

- If you have the current conditions, please speak to your esthetician:
- Cancer
- Sunburnt, Open Wounds
- · Pregnant/Breastfeeding
- Eczema
- Dermatitis
- · Allery to resorcinol derivatives
- Accutane / Isotretinoin (within the past 6 months)

#### **SKIN PREP:**

- If you're a Fitzpatrick 3-6 and not using a **tyrosinase inhibitor** (see below), then please book a time to swing by and grab something from us at least 2 weeks before your appointment (Glossgenius > Pop In Appointment). le. Vitamin C.
- · Stop the use of ACTIVES (AHA/BHA, Retinoids) at least 7 days before your appointment.

## **POST PROCEDURE:**

- For the first 24 hours No sun exposure and no sweating! You may wear MAKEUP only if necessary. Use mineral or noncomedogenic products.
- You will be given a **FREE POST-PROCEDURE KIT** with instructions to take home with you. Use this kit for the next 72 hours, or until you run out.
- No **ACTIVES** (AHA/BHA, Retinoids) for the next 7 days.
- · Make sure to keep your skin hydrated.
- · Book your next appointment :
  - MelaPro Plus in 1-2 weeks! (Sensitive Skin)
  - KRX LaZer in 3-4 weeks!

#### AM

Cleanse w/ Vitamin C Cleanser Apply Daily Skin Clarifier Apply KrX Repair Cream Apply SPF

#### РМ

Cleanse w/ Vitamin C Cleanser Apply Daily Skin Clarifier Apply KrX Repair Cream

\*You may use **Kukui Nut Oil and Aquaphor** as needed! Kukui oil is a fantastic healing oil, and our company's secrete to healthy healing. Kukui nut oil is full of antioxidants Vitamins A, C and E, and has proven to help skin conditions like eczema, psoriasis, and dry and chapped skin. It has been used by the early Hawaiians for generations to help soothe and rejuvenate their skin from the effects of sun and wind burns, and other forms of skin damage. It is noncomedogenic, doesn't clog your pores, making it safe for acne clients.

## THINGS TO NOTE:

This is a quick 30-minute appointment!

You may return to your normal activities immediately after.

You might start to see your skin flaking around day 3, this is normal! Just continue to keep your skin hydrated.

WAXING may be done 2 weeks after your peel.

It's safe to receive BOTOX or FILLER immediately after, however please advise your professional when you receive this treatment. Some physicians suggest waiting 1-2 weeks.

Laser Treatments- Please ask your laser technician. We'd suggest at least 4 weeks.