# RDS w/ Stem Cells

#### MEDICAL CONTRAINDICATIONS

- If you have the current conditions, please speak to your esthetician:
- Cancer
- Sunburn / Open Wounds
- · Pregnancy / Breastfeeding
- · Ultra Sensitive Skin

### **SKIN PREP**

- · Isotretinoin (Accutane) Stop 6 months prior
- Retinoids
  - · Tretinoin Stop 7 days prior
  - · Other Retinoids Stop 3 days prior
- · Actives (AHA/BHA) Stop 3 days prior
- Injectibles 2 weeks prior
- · Radio Frequency, High Intensity Focused Ultrasound, IPL 2 weeks prior
- Ablative Lasers 2 weeks prior
- · Hair Removal (Waxing, Laser, and Electrolysis) 4 weeks prior

### **POST PROCEDURE**

- You will be given a **FREE POST-PROCEDURE KIT** with instructions to take home with you! This kit should last you 7 days.
- For the first 24 hours, NO sun exposure and NO sweating
- No RETINOIDS or ACTIVES (AHA/BHA) for 7 days
- · No Hair Removal (Waxing, Laser, and Electrolysis) for 4 weeks
- No Ablative Lasers for 4-6 weeks
- No Radio Frequency, High Intensity Focused Ultrasound, IPL for 4 weeks
- Book your next peel in 7-10 days! (3-5 sessions recommended)

#### THINGS TO NOTE

- This is a quick 30 minutes treatment!
- · You may wear MAKEUP only if absolutely necessary. Use mineral or non comedogenic.
- Suggested 3-5 Treatments, spaced 7-10 days apart

## HIGHLIGHTED INGREDIENTS

- TCA effectively removes dead skin cells with stimulating new cell growth. Boost collagen and elastin production.
- Hydrogen Peroxide stimulates fibroblasts and cell proliferation.
- · Kojic Acid inhibits melanin production, brightens skin, lightens sun damage, age spots, and scars.
- Peptides improves skin texture and tone through antioxidants.
- Human stem cell growth factors supports skin cell regeneration while soothing inflammation, accelerating healing and enhancing smoothness and firmness.
- Bis(Tripeptide-1)Copper Acetate helps promote wound healing, collagen formation, and elasticity.
- · Soothing ingredients