

SKINPEN MICRONEEDLING

Medical Contraindications:

- Have active skin cancer in the treatment area
- Have open wounds, sores, or irritated skin in the treatments area
- Have an allergy to stainless steel or anesthetic.
- Have a hemorrhagic (bleeding) disorder or hemostatic (bleeding) dysfunction
- Are pregnant or nursing
- Are currently taking drugs with the ingredient isotretinoin (such as Accutane)

Precautionary contraindications:

- Actinic keratosis
- Active acne
- Collagen vascular disease of cardiac abnormalities
- Diabetes
- Eczema, psoriasis, and the other chronic conditions in the treatment area
- Immunosuppressive therapy
- History of contact dermatitis
- Raised moles in the treatment area
- Rosacea
- Active bacterial, fungal, or viral infestions
- Keloid scars
- Patients on anticoagulants
- Scars and stretch marks less than one year old
- Scleroderma
- Wound-healing deficiencies

Pre-Care Instructions:

Please make sure you get approval from your doctor to stop any form of prescription medication.

The days listed below indicate the last day to do/receive those specific conditions. These instructions are specifically for the area being treated.

14 days prior to your appointment:

No IPL/Laser. No Botox/Filler (or similar) injections

7 days prior to your appointment:

Stop any Waxing, depilatory creams, or electrolysis.
Stop the use of spray/self tanning lotion.

Start your Skincare PREP Kit if applicable:

AM

Cleanse: Vitamin C Cleanser OR Mega Cream Cleanser

Pigment Suppressor: Daily Skin Clarifier

Moisturizer: Daily Repair Cream OR Oxygen Treatment Cream

SPF

PM

Cleanse: Vitamin C Cleanser OR Mega Cream Cleanser

2nd Cleanse: Idyllic Or Glycolic Cleanser

Pigment Suppressor: Daily Skin Clarifier

Active: Resurfacing Night Cream OR AHA Accelerator (every other night. Do NOT use 24 hours prior to appointment)

Moisturizer: Daily Repair Cream OR Oxygen Treatment Cream

72 hours prior to your appointment:

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Do not take and blood-thinning medications. (Consult your Doctor)
If you are prone to cold sores, start taking your antiviral agent (consult your Doctor).

24 hours prior to your appointment:

Stop taking any anti-inflammatory medications.
Discontinue the use of Actives: Topical Retinoids (Retinol) / Vitamin A, AHA/BHA's.
Absolutely NO sun exposure.

Post-Care Instructions:

No SUN and No SWEATING for 72 hours!

For the first 24 hours -

ONLY USE : Skinfuse Lift HG Glide Gel and the Biocellulose Mask!
SPF - NONE (yes, NO sunscreen)
It's incredibly important that you do not use any other product on your face for 24 hours after your procedure.

After 24 hours -

AM
Cleanse: Vitamin C or Mega Cream Cleanser
Hydration: SkinPen Rescue
Moisturizer: Daily Repair Cream, Oxygen Treatment Cream, OR Recovery Cream
SPF

PM

Cleanse: Vitamin C or Mega Cream Cleanser
Hydration: SkinPen Rescue
Moisturizer: Daily Repair Cream, Oxygen Treatment Cream, OR Recovery Cream

*Kukui nut oil as needed. Kukui oil is a fantastic healing oil, and our company's secret to healthy healing. Kukui nut oil is full of antioxidants Vitamins A, C and E, and has proven to help skin conditions like eczema, psoriasis, and dry and chapped skin. It has been used by the early Hawaiians for generations to help soothe and rejuvenate their skin from the effects of sun and wind burns, and other forms of skin damage. It is noncomedogenic, doesn't clog your pores, making it safe for acne clients.

Other things to note:

- Touch your face with clean hands!
- Use Cleanskin Club Towels to dry your face.
- Use new or clean pillowcases - 100% Cotton or Bamboo.
- You may wear **MAKEUP** only if absolutely necessary (**after 24 hours**). Mineral is suggested.
- **ACTIVES (AHA/BHA'S) and RETINOIDS : Wait 7-10 days**
- **WAXING : Wait 7-10 days**
- HYDRATE HYDRATE HYDRATE: Drink lots of water!
- You may ice your skin if it's inflamed.
- Flaking may occur and is natural and expected. Do **NOT** pick, scratch, or scrub your skin! Allow it to flake off naturally. This is crucial for the healing process.

After 72 hours -

You may resume your normal skincare routine, but use caution with Retinoids and Acids. If you feel like your skin still needs time to heal, then allow it to heal.