#### WAXING PRE/POST CARE INSTRUCTIONS

#### **Possible Medical Contraindications:**

Hemophilia Broken Capillaries

Abrasions/cuts Eczema
Bleeding Disorder Psoriasis
Dermatitis Sunburn

Hemotoma Hypersensitive Skin

Herpes/Warts Rosacea

Skin Disease Autoimmune Disorder

Active Acne Skin Cancer

Hepatitis Radiation/Chemotherapy

Broken Capillaries HIV/AIDS

Hypo/Hyper Thyroid Hypo/Hyper Pigmentation

## Prior to your appointment, please observe the following:

Please make sure you have not shaved within the past 24 hours.

You have no current skin infections or break-outs in the area being treated.

You have not had a chemical peel within the last 14 days.

You have not used any form of AHA/BHA's within the past 7 days.

You are NOT sunburnt.

You are currently NOT taking any form of \*Retonoids; internally or topically.

\*Topically, you must have stopped at least 7 days prior to appointment.

\*Internally you must have stopped 3 months prior.

If you have any moles, tags, abrasions please notify your esthetician.

Any questions or conners, please make sure you've got the OK from your doctor.

#### **FEMALE CLIENTS:**

As suggestion for your comfort- do not book your appointment 2 days before to 2 days after you menstrual cycle.

# 24 hours post waxing, AVOID:

Touching or scratching the treated area

Hot baths or showers (cool or lukewarm water only)

Saunas, hot tubs, pools, or steam rooms

Massage or friction in the treated area

Tanning (sunbathing, sunbeds, or fake tans)

Exfoliating the treated area

Wearing tight-fitting clothes

Exercise or other activities which cause you to sweat

Applying products to the treated area (including make-up, lotions, soaps, powders, perfumes, and self-tanning products).

### Allergies or Infections:

If you believe you are experiencing an allergic reaction or infection, please seek medical advice as soon as possible.

#### CONSENT

I understand that waxing may have certain side effects which may include but are not limited to skin removal, redness, swelling, and tenderness. I have had the opportunity to ask questions regarding these side effects and other possible complications. I have read the pre and post-care instructions and understand how important it is to follow all instructions given to me. In the event that I may have additional questions or concerns, I will consult the esthetician immediately. I have also, to the best of my knowledge, given an accurate account of my medical history, including all known allergies or prescription drugs or products I am currently ingesting or using topically. I understand and accept the risks and take full responsibility for any and all injuries, side effects, or damages that might occur to me while I am undergoing this procedure.