

SOCCER DEVELOPMENT LEAGUE

SEASON INFORMATION GUIDE | SPRING 2026



The South Bay FC Soccer Development League consisted of 4 seasons throughout the year (*Winter, Spring, Summer and Fall*) with each season consisting of 9-10 week sessions. With over 250 players participating each season, our goal is to teach players the fundamentals of the game while having fun at an affordable Player Registration Fee.

INCLUDED IN PLAYER REGISTRATION FEE: 2 Practices per week, 8 Outdoor Games, & Player Medal

PRACTICE FIELDS:	CESAR SOLIS PARK * 4901 Del Sol Blvd. San Diego, CA 92154	<i>*Subject to Change</i>
GAME FIELDS:	CESAR SOLIS PARK * 4901 Del Sol Blvd. San Diego, CA 92154	<i>*Subject to Change</i>
	PALM RIDGE PARK * 751 Firethorn st. San Diego, CA 92154	<i>*Subject to Change</i>
PRACTICE DAYS:	3 – 8 YR. OLDS MONDAY & TUESDAY or 9 – 14 YR. OLDS WEDNESDAY & THURSDAY	
PRACTICE TIME:	5:30pm to 7:00pm	
SOCCER EQUIPMENT NEEDED:	Soccer Cleats, Shin Guards & Soccer Ball (Size 4) (Size 3 for 3-4 yr. old's) (Size 5 for 12-14 yr. old's)	
GAME ATTIRE:	Game Jerseys, Black Shorts and Shin Guards covered by Black Socks.	
PRACTICE ATTIRE:	Practice Jersey, Black Shorts and Shin Guards covered by Black Socks.	

SPRING 2026 SEASON TIMELINE

Week	Dates	Practice Days	Game Day
Week 1:	April 13 – 16, 2026	1st Week of Season Saturday, April 18, 2026	TEAM PLACEMENT DAY
Week 2:	April 20 – 23, 2026	Practice Days Saturday, April 25, 2026	OUTDOOR GAME 1
Week 3:	April 27 – 30, 2026	Practice Days Saturday, May 2, 2026	OUTDOOR GAME 2
Week 4:	May 4 – 7, 2026	Practice Days Saturday, May 9, 2026	OUTDOOR GAME 3
Week 5:	May 11 – 14, 2026	Practice Days Saturday, May 16, 2026	OUTDOOR GAME 4
Week 6:	May 18 – 21, 2026	Practice Days Saturday, May 23, 2026	NO GAMES MEMORIAL DAY WEEKEND
Week 7:	May 26 – 28, 2026	Practice Days Saturday, May 30, 2026	OUTDOOR GAME 5
Week 8:	June 1 – 4, 2026	Practice Days Saturday, June 6, 2026	OUTDOOR GAME 6
Week 9:	June 8 – 11, 2026	Practice Days Saturday, June 13, 2026	OUTDOOR GAME 7
Week 10:	June 15 – 18, 2026	Practice Days Saturday, June 20, 2026	OUTDOOR GAME 8

PARENT'S CODE OF CONDUCT

As a parent, you play a special role in the development of your daughter or son, and of his/her teammates. Your encouragement and good example will do more to ensure good sportsmanship and self-discipline than any other influence. The other team is the opponent, not the enemy, and should be treated with respect. While winning is important, playing well and fairly is the essence of the game.

1. SUPPORT YOUR CHILD

Support your child by giving encouragement and showing interest in his/her team. Help your child work toward skill improvement and good sportsmanship in every game. Teach your child that hard work and honest effort are often more important than victory.

2. ALWAYS BE POSITIVE

Children learn more by example than by criticism. Work to be a positive role model and reinforce positive behavior in others. Applaud good plays by others on your child's team as well as good plays by the opposing team. Do not criticize any child's performance from the sidelines. Accept the results of each game. Teach your child to be gracious in victory and to turn defeat into victory by learning and working toward improvement.

3. DON'T BE A SIDELINE COACH OR REFEREE

Refrain from coaching or refereeing from the sidelines. Parents who shout or scream from the sidelines often give inappropriate advice at the wrong time. The coach should be the only sideline voice. Remain well back from the sidelines and within the spectator area. You and your child will both enjoy the game more if you put some emotional distance between yourself and the field or play. Officials are symbols of fair play, integrity, and sportsmanship - Do not openly question their judgment or honesty.

4. DEMONSTRATE A POSITIVE ATTITUDE TOWARD YOUR OPPONENTS AND THEIR FAMILIES

Opponents are not enemies. Take care to show good hospitality at home and to represent South Bay FC in a positive way when visiting other clubs or leagues. Never allow yourself to be drawn into a verbal disagreement with opposing parents or coaches. No one has ever regretted letting "cooler heads prevail."

5. REMEMBER THAT YOUR CHILD WANTS TO HAVE FUN

Your child is the one playing soccer, not you. Children must establish their own goals - to play the game for themselves. Take care not to impose unreasonable demands on your child. Let your children experience the fun of playing as well as the challenge of excelling.

South Bay FC sponsors youth soccer activity with the goal of providing our children an opportunity to develop superior life skills through team play, sportsmanship, top competition, and hard work. Our mission is to provide our community's youth with the opportunity to play soccer at the highest level commensurate with their individual ability, potential, and interest. An emphasis on fair play and respect for all participants is a primary element of our club's mission. To better achieve that mission, we provide the following Codes of Conduct for all South Bay FC parents. These Codes of Conduct are a covenant between players, parents, and coaches to abide by the rules and regulations of the game, as well to maintain a cooperative attitude and uphold the ideals of fair play and sportsmanship. These Codes of Conduct express our core values and goals and are essential they be honored and followed.