

Sectors We Support

At CoVa & Co., we specialise in helping time-strapped founders, senior executives, and property professionals reclaim hours and reduce overwhelm. Whether you're scaling your business, managing a property portfolio, or running lean as a solopreneur – we offer calm, competent, executive-level support that makes things happen behind the scenes.

Founders & Entrepreneurs

Running the show solo or with a small team? We help streamline operations so you can focus on growth and vision.

Executives & Senior Leaders

High-level, high-pressure roles need high-trust support. We handle the details, so you stay in your zone of leadership.

Recruitment Agencies & Hiring Managers

Let us lighten the load with job ads, interview scheduling, and candidate tracking – freeing up your time to build better teams.

Sales Teams & Consultants

Keep your pipeline moving with help on CRM updates, proposals, follow-ups, and more.

Property & Real Estate Professionals

From managing listings to tenant communication and diary control – we offer experienced support for agents, landlords, and property managers.

Let's talk about how we can support your business.

hello@covandco.com



+44 (0) 77 434 060 71

Who We Support & Introduction

Support that Understands Your Sector!

At CoVa & Co., we specialise in helping time-strapped founders & executives reclaim hours and reduce overwhelm. Whether you're scaling your business, managing a property portfolio, or running lean as a solopreneur - we offer calm, competent, executive-level support that makes things happen behind the scenes.

We're trusted by clients across:

- Fast-paced startups & scale-ups
 - Property & real estate firms
 - Recruitment agencies & hiring teams
 - Sales-driven businesses
 - Lifestyle-focused founders
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What Makes CoVa & Co Different?

- ✓ Sector experience + operational know-how
- ✓ Global availability and timezone flexibility
- ✓ Seamless integration with your way of working
- ✓ A real human — no cookie-cutter VAs here

Let's create more space for what matters to you.

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Flexible Packages for Premium Support

At CoVa & Co., we understand that every business operates at its own rhythm. That's why our monthly retainer packages are designed with flexibility, clarity, and your evolving priorities in mind. Use your hours across any of our service categories - from inbox management to recruitment support - and adjust your package as you grow.

What's included in every package:

- ✓ Executive-level virtual support
- ✓ Hours that can flex across service types
 - ✓ A consistent point of contact
- ✓ Priority access based on your package tier
- ✓ Monthly check-ins (on Growth & Executive plans)

Support that grows with you!

Whether you need a few hours of admin relief or a fully integrated support partner, we'll meet you where you are — and help take things off your plate.

Retainers that flex with your business.

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Flexible Retainer Packages

Flexible Retainers, Designed Around You.

Our monthly packages give you access to high-quality support when (and how) you need it. Hours can be used across any of our service categories, from inbox and calendar management to recruitment and client onboarding. Need more? Just scale up.

| Package | Hours | Price | Best For |
|-----------|--------|--------|---|
| Starter | 10 hrs | £350 | Ideal for light support, quick turnarounds, or getting to know how we work. Perfect for founders just starting to delegate. |
| Core | 20 hrs | £700 | For those ready for ongoing admin help across one or two areas - like inbox, scheduling, or real estate support. |
| Growth | 30 hrs | £1,050 | Designed for professionals needing deeper involvement across multiple service types, with consistent weekly support. |
| Executive | 60 hrs | £2,100 | A full-scale, high-level partnership — daily virtual assistance that feels like an in-house right hand. Ideal for busy execs juggling multiple roles. |

Add-Ons & Extras:

Ad hoc: £45/hour
VIP Business Concierge: +£200/month

Guarantee:

Love It or Leave It

Try us for 7 days. If it's not a fit, we'll refund your first week — no questions asked.