

<u>Activity</u>	<u>Mon</u>	<u>Tues</u>	<u>Wed</u>	<u>Thur</u>	<u>Fri</u>	<u>Sat</u>	<u>Activity</u>	<u>Mon</u>	<u>Tues</u>	<u>Wed</u>	<u>Thur</u>	<u>Fri</u>	<u>Sat</u>
<i>Commencement Times</i>							<i>Commencement Times</i>						
<u>Badminton</u>							<u>Adult Football Clubs</u>						
Thursday Badminton Club				10.30am			Fareham Old Boys				8pm		
Crofters Badminton Club		7pm					Plessey's Sports					7pm	
Wednesday Badminton Club			8pm										
<u>Child Care</u>							<u>Childrens Football Clubs</u>						
Park Day Nursery	7.30am	7.30am	7.30am	7.30am	7.30am		Solent Girls Soccer	6pm					
Park Before and After School Club	7.30am	7.30am	7.30am	7.30am	7.30am								
Park Before and After School Club	3.30pm	3.30pm	3.30pm	3.30pm	3.30pm		<u>Health And Welfare</u>						
							Slimming World				am & pm		
<u>Dancing/Musical Movement</u>							Parkinsons Society						
Alverstoke School of Dance	4pm		4pm							2pm			
Tea Dance					1.30pm		<u>Childrens Groups</u>						
							Crofton Shotokan Karate	6.30pm		6.30pm			
							AG Martial Arts(Kick Boxing)					5.45pm	
<u>Drama</u>							Solent Girls Soccer						
CADS				8pm			Gym Club				3.45pm		
Lee Players		8pm					Alverstoke School of Dance	4pm		4pm			
							Calm Chameleons Children's Yoga		4.30pm				
							Stubbington Karate		5pm	5.30pm			
<u>Exercise Classes</u>							Jujitsu						
Jayne's Legs Bums & Tums	9.30am		9.30am				<u>Community Groups</u>						
Atomic Yoga			7pm				Community Coffee Break		10.30am				
Yoga Sue Coleman		10am					<u>Shoreline Church Group Sundays 9am</u>						
Movement To Music(over 60's)					10am		<u>Hobbies/Educational</u>						
Yoga - Jan		6.45pm					Fareham Philatelic (Monthly)			7.45pm			
Pilates - Julie Anderson	1pm	6.30pm	11am	7pm			<u>Short Mat Bowls</u>						
Zumba Gold	11am			10.30am			Stubbington SMBC (Sept-March)	1pm			1pm	1pm	
Pole Exercise		6.30pm		6pm			Crofton S.M.B.			1.30pm			
Pilates with Anne				9.30am			<u>Short Tennis</u>						
Peak Health Coaching	7pm	12.15pm					Wednesday Wallopers			10am			
Atomic Yoga			7pm				<u>Table Tennis</u>						
							CBSC Table Tennis					10am	
<u>Martial Arts</u>							Stubbington Senior Table Tennis						
Crofton Shotokan Karate	6.30pm		6.30pm				Crofton Seniors TT	9.30am				9.30am	
Stubbington Karate		5pm	5.30pm										
Ju-jitsu					5pm								
AG Martial Arts (Kick Boxing)					5.45pm								
(These details were correct at time of print but are subject to change)													