

LESSONS ON THE TRAIL

• YOUR •

JOURNEY TO PROGRESS

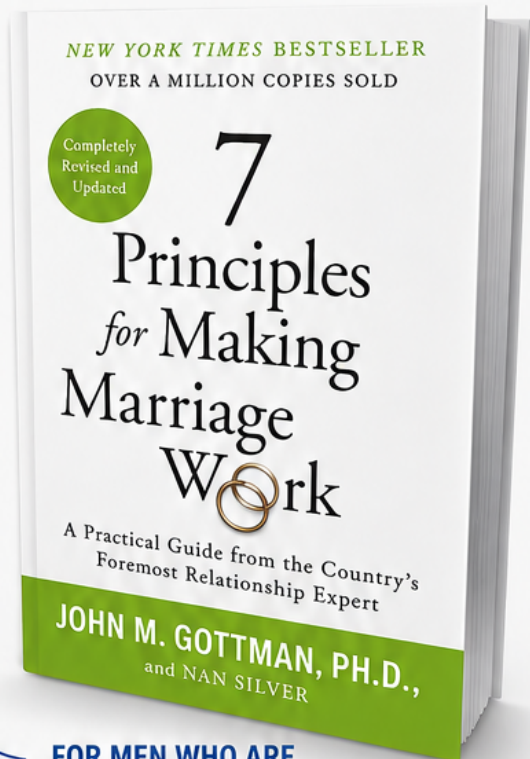


#1

MY NUMBER ONE RECOMMENDATION
— FOR A BOOK TO SUPPORT —
HEALTHY & HAPPY MARRIAGES IS

7 PRINCIPLES FOR MAKING MARRIAGE WORK

- **1 ENHANCE YOUR LOVE MAPS**
Build deep knowledge of your partner's world.
- **2 NURTURE YOUR FONDNESS AND ADMIRATION**
Turn toward your partner and appreciate who they are.
- **3 TURN TOWARD EACH OTHER INSTEAD OF AWAY**
Small moments of connection create lasting closeness.
- **4 LET YOUR PARTNER INFLUENCE YOU**
Value your partner's ideas and see things from their perspective.
- **5 SOLVE YOUR SOLVABLE PROBLEMS**
Work together with respect and compromise.
- **6 OVERCOME GRIDLOCK**
Understand and manage your perpetual problems.
- **7 CREATE SHARED MEANING**
Build a life and purpose that you both value.



FOR MEN WHO ARE HEALING AND BUILDING AGAIN

If you've experienced betrayal, infidelity, or trust issues—there is hope. Change is possible. Stronger is possible. A better marriage is possible.

YOU DON'T HAVE TO STAY STUCK. YOU CAN BUILD A MARRIAGE THAT LASTS.



MEN, ORDER THIS BOOK. READ THIS BOOK.
INVEST IN YOUR MARRIAGE.
BUILD A MARRIAGE THAT LASTS.



(480) 521-4313



www.lessonsonthetrail.org

♥ STRONG MEN. STRONG MARRIAGES. STRONG FAMILIES.