Forward I go!
Pick 3 things to create a habit around this week.

|  | Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| O. Example: <br> Make bed |  |  |  |  |  |  |  |
| 1. |  |  |  |  |  |  |  |
| 2 |  |  |  |  |  |  |  |
| 3. |  |  |  |  |  |  |  |

My Reward: $\qquad$
www.lessonsonthetrail.org

