

Top 100 List of Positive Affirmations

For the full, detailed guide, please visit:

<http://startofhappiness.com/positive-affirmations>

3 Simple Steps to Saying Positive Affirmations

1. Take a deep breath
2. Say your positive affirmation. As you're saying the positive affirmation, ALSO do the below
 - a. VISUALISE yourself as how you want to be (eg confident. Create vivid imagery in your mind about what you are confident doing). If it's easier, close your eyes.
 - b. FEEL how you want to feel by stating that positive affirmation (eg confident).
 - c. SPEAK how you would when living that affirmation (eg confident)
3. Take a moment to think about how good you feel.

That's it!

Positive affirmations are simple!

But just remember the two secret components to make them effective:

- a. Physiologically experience the positive affirmation
- b. Do it regularly

The Best Positive Affirmations For Your Life

In the following pages, I have compiled the Top 100 Positive Affirmations you will need in your life. I've broken them down by category so you can easily sort through and pick out the affirmations that are most relevant to you.

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Positive Affirmation	Category
Today, and every day, I choose to be confident	Confidence
I radiate confidence, certainty and optimism	Confidence
I courageously open and move through every door of opportunity	Confidence
I am in charge of my life	Confidence
I have the power to live my dreams	Confidence
My mind has unlimited power	Confidence
I stand up for what I believe in	Confidence
I act with courage and confidence	Confidence
I believe in myself	Confidence
I am creative and think outside the box	Entrepreneurship
I attract success and prosperity with all of my ideas	Entrepreneurship
I wake up and make a difference in this world	Entrepreneurship
My business is growing every single day	Entrepreneurship
I am building something that is greater than myself	Entrepreneurship
I am fulfilling my purpose in life	Entrepreneurship
I forgive myself	Forgiveness
What I did is in the past and now I can create my future	Forgiveness
I forgive everyone that has hurt me in the past and move forward with a cleansed soul	Forgiveness
I forgive those who have harmed me in my past and peacefully detach from them	Forgiveness
I am rich in health, wealth and love	General
Opportunities and advantages come with each door that I open	General
The more I give to the world, the more I get	General
What I currently do is serving me towards my higher purpose	General
I have the power to change my thoughts in a second	General
I'm allowed to do what I want with my life	General
I have the power to change myself	General
I allow myself to play and enjoy life	General
I am making a difference in this world	General
I am at peace with all that has happened, is happening, and will happen	General
My life is just beginning	General
Today, I abandon my old habits and take up new, more positive ones	Breaking Bad Habits
I've given up my bad habits and I'm so grateful for that	Breaking Bad Habits
I am now free from my bad habits	Breaking Bad Habits
I only do positive habits	Breaking Bad Habits

I am thankful that I get to live another day	Gratitude
I see the world with beauty and colour	Gratitude
I deserve whatever good comes my way today	Gratitude
Today is rich with opportunity and I open my heart to receive them	Gratitude
I take the time to show my friends that I care about them	Gratitude
I live a positive life and only attract the best in my life	Happiness
I am peacefully allowing my life to unfold	Happiness
Today, and every day, I choose to be happy	Happiness
I am fun and energetic and people love me for it	Happiness
My life overflows with happiness and love	Happiness
I always have everything I need to be happy	Happiness
I fuel my mind with healthy thoughts	Health
I fuel my body with healthy foods	Health
I eat foods that energise and sustain me	Health
I fuel my mind and body with exercise	Health
I feel every cell in my body get healthier every day	Health
Every day my mind and body are becoming more healthy and energetic	Health
I think, act and communicate like a leader	Leadership
I am an inspirational leader	Leadership
I am a role-model for others	Leadership
I inspire others to be their best self	Leadership
I lead by example	Leadership
I am an effective communicator	Leadership
I give my love to the world and the world sends me love in return	Love
Today, and every day, I choose to give to the world	Love
Today, and every day, I choose to make a difference in this world	Love
Everywhere I look I see love	Love
The partner I seek is also seeking me	Love
I love my partner with all my heart	Love
I am thankful that I get to share this beautiful life with my partner	Love
I surround myself with positive and loving people	Love
Today I could meet the love of my life	Love
I am ready to be in love	Love
I love myself more every day	Love
I am blessed with an incredible family and wonderful friends	Love
I always have enough money to suit my needs	Money
Money flows to me like a beautiful gold river	Money
I love watching my money grow	Money
I am full of money-making ideas	Money
My income is continuously increasing	Money
I am generous with money as I know it will return in magnitude	Money
Today, I claim my share	Money
Money flows freely and abundantly into my life	Money
I deserve to be rich	Money
I love facing challenges - they allow me to grow	Overcoming Challenges
There is a benefit and an opportunity in every experience I have	Overcoming Challenges

My attitude grows happier and healthier every single day	Overcoming Challenges
I am always in the right place at the right time	Overcoming Challenges
I have everything I need to overcome this challenge	Overcoming Challenges
I am a better person due to the challenges I've faced	Overcoming Challenges
I learn and grow from every experience	Overcoming Challenges
Everything that is happening now is happening for my ultimate good	Overcoming Challenges
I am breaking old habits and creating new successful ones	Productivity
I become more productive every single day	Productivity
I have unwavering discipline and because of this I will succeed	Productivity
I always win because I am willing to work harder than anyone else	Productivity
I will die before I give up	Productivity
Time is the most valuable resource, therefore I spend it wisely	Productivity
I am disciplined and productive in everything that I do	Productivity
I am the most beautiful person I know	Self-worth
I have a heart of gold and share this with the world	Self-worth
I have the power, right now, to decide what I want to do	Self-worth
I am a gift to the world	Self-worth
I am unique and have so much to offer this world	Self-worth
I am the definition of sexy	Self-worth
I have the power to say yes and say no	Success
I choose to do what matters most to me everyday	Success
Today, and every day, I choose to be successful	Success
I make choices based on inspiration and not desperation	Success
I am a magnet for success and good fortune	Success
Today, I am stronger and wiser than I was yesterday	Success
I am a genius and I apply my wisdom everyday	Success
I am a magnet for other like-minded and successful people	Success
Every day, in every way, I am becoming more successful	Success
Prosperity and success is my natural state of mind	Success
I am an example of success and triumph	Success
I demonstrate excellence in everything I do	Success
My life is an adventure filled with opportunity and reward	Success
I am committed to my goals	Success
I bring solutions	Success
Today, and every day, I am moving a step closer to my goals	Success
I am focused on and moving towards my higher purpose	Success
I do meaningful work that positively impacts this world	Success
I am open to opportunities	Success
I am the definition of success	Success
I deserve to be successful	Success