

# Building Organizational and Individual Assets





#### Mandate

 To serve the needs of African women and their families through a wide ranges of support services



#### **VISION**

 To build a reciprocal gateway between East African women and their families, and mainstream Society. This gateway extends to and includes women and families currently living in East Africa.



## Objectives of Madbakh Women's Initiative

Objective 1: To create an entry point for the social and economic engagement of marginalized East African women and their families in Canadian society

Objective 2: To bridge women to mainstream supports, services and entitlements through pro-active community referrals and partnerships

Objective 3: To refine, replicate and sustain the international Somali community in a culturally sensitive model

## Our Approach

- Participatory approach to community building.
- Operated entirely by and for and families/ women.
- Very high levels of voluntarism
- Most of our Board members have been active participants and volunteers in our programs
- Women
  - Access training to assist members to build their citizenship and community organizing skills.
  - Become active volunteers and members of the organization
  - Have opportunities for women to develop governance and operational skills



## Programs and Services

Leadership

Sewing, Cooking

Outreach, Parenting and Literacy

Referrals

Youth Programs



## Leadership



Sewing and Cooking







## Outreach, Parenting and Literacy



## Referrals





Youth Programs



Add toronto youth picture



# The Sustainable Livelihoods Model in Our Work



### Sustainable Livelihood Definition

"CHANGE THIS A livelihood comprises the capabilities, assets and activities required for a means of living. A livelihood is sustainable when it can cope with and recover from stresses and shocks and maintain or enhance its capabilities and assets both now and in the future".

## What does "sustainable" mean?

Sustainability is defined in a broad manner and implies:

Resiliency – the ability to cope with vulnerability and recover from shocks and stresses.

Economic Efficiency – the ability to build assets starting with a small resource base.

Social Equality – livelihood opportunities are equally distributed within the household and the community.

Environmental sustainability

## Exploring the idea of a livelihood:

## A "livelihood" is a complex concept

 Must go beyond the idea of a job...

#### Includes:

Social inclusion and citizenship – participation in the economy and society

Empowerment and independence – ability to make decisions and control finances

Economic and social security



#### The Sustainable Livelihoods Framework







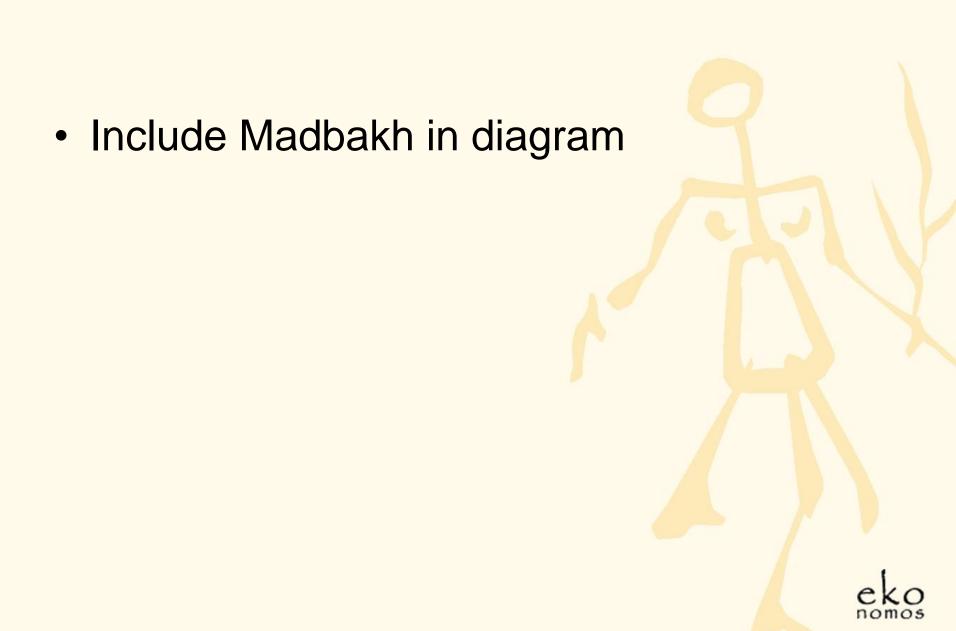
assets

personal assets



assets





THE FORCES THAT HOLD ME BACK

Participant Tools



There were your

#### 2.3.4. Stages of Transformation to Sustainable Livelihoods

Destabilized Stabilizing Engaging Foundation Transition Consolidation Sustainable Building Livelihood •Economic solutions •Long-term •Vulnerability decreases livelihood security Focus on copingMeeting basic \*Base of stability Making progressNot yet sustainable · Connecting to Depletion of assets community Cycle of chaotic needs crises Strategies for Coping Strategies for Building Assets



# The Madbakh Leadership Development Program works to:

- Connect Somali women in Toronto
- Provide a safe environment where they will discover their own skills and strengths and
- Provide opportunities for women to take action to make positive change in their personal lives and the Somali community.



# The Madbakh leadership program is:

- Somali women led,
- Participatory
- Creates an environment where women learn by doing
- Builds co-operative learning among the women
- Facilitates networking



### Objectives of the Program are to:

- Build leadership within the Somali community
- Introduce the Sustainable Livelihoods asset mapping tools for leaders to use within their communities
- Learn about Somali women's challenges so that Madbakh can work more effectively
- Build community
- Facilitate change with individual Somali women
- Create a supportive learning culture for building sustainable livelihoods for Somali women



### Workshop Series

- Workshop 1: Introduction to sustainable livelihoods and asset mapping
- Workshop 2: Debrief asset mapping, introduce goal setting, setting goals
- Workshop 3: Action planning
- Workshop 4: 7 weeks after Workshop 3 check – in and redo asset map – plan next steps

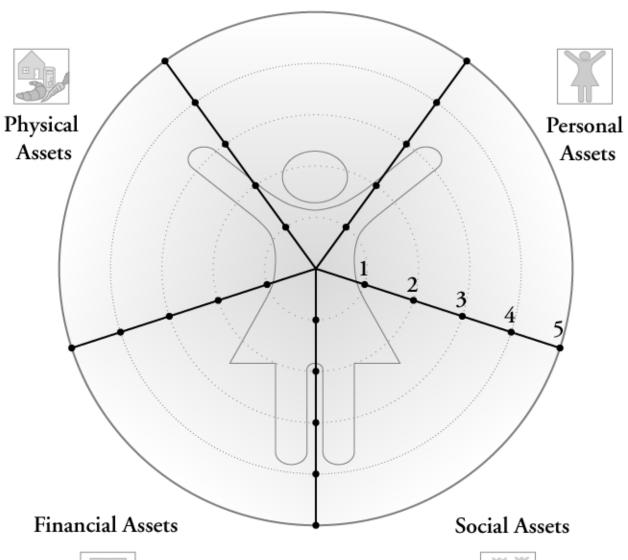


# Introduction to Asset Mapping





#### **Human Assets**









 Questions and Answers about Asset Mapping



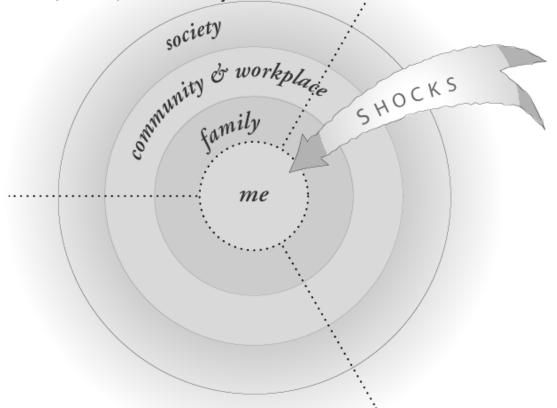
## What we learned through asset mapping



#### Forces that Hold Me Back

#### Systems

- -the formal and informal ways that society functions
- -the biases and forms of discrimination that reduce people 's opportunities
- -eg. racism, sexism, social security



#### **Trends**

- -broader social, economic and political forces that can impact people 's security
- -globalization, increasing low-paid/ part-time work

#### Cycles

- -patterns connected to the stages of people 's lives
- -reproductive choices, family roles, relationships & seasonality



#### Forces that Hold Somali Women Back

Listed in order of number of responses – highest number at top.

- Social isolation
- Lack of 2 way integration
- Language barrier
- Lack of education
- Lack of good job/Underemployment
- We are women, we are Muslim, We are Black
- Access to resources
- Lack of extended family support because of civil war and displacement
- Lack of understanding
- Distrust among Somalis and Canadian society
- Lack of adequate child care
- Settling for the role of mother and housewife/Giving up personal goals in exchange for raising a family
- Not being proactive enough
- Lack of adequate housing
- Single motherhood



#### **Madbakh Asset Outcomes**

#### Human Assets = Health and Employability

- \* Orientation to Canadian Education System
- \* Human Rights Knowledge
- \* Practical Skills in Cooking and Sewing
- \* Business skills
- \* Food Handling Certification
- \* Improved Health: Emotional wellness
  - Access to medical services and treatments

#### Physical Assets = Basic Needs

- \* Improved Housing and Safety
- \* Access to Nutritious Food
- \* Access to Transportation

### Personal Assets = Identity

- \* Improved Self-Esteem
- \* Improved Confidence
- \* Cultural Identity
- \* Spritual Identity Enhanced

## Financial Assets = Money and Money Concepts

- \* Stable Social Assistance Income
- \* Income from Catering
- \* Budgeting skills
- \* Savings

### Social Assets = Support and Connections

- \* Decreased Isolation
- \* Ability to Advocate for Self and Children
- \* Increased Community Connections
- \* Volunteering in the Community
- \* Demonstrating Leadership
- \* Tolerance and Respect for Diversity









Characteristics	Behaviours	Skills and Kno <mark>wledge</mark>
<ul> <li>Self esteem</li> <li>Accepting yourself</li> <li>Assertive</li> <li>Honest</li> <li>Make mistakes and accept responsibilities</li> <li>Active</li> <li>Strong person</li> <li>Resilient</li> <li>Hard worker</li> <li>Good character</li> </ul>	Punctual Be prepared Organized Empathy Examining and learning about people's needs Giving Helping Educating others – pursuing knowledge Respect others Comforting Confidentiality Patience Charitable Setting good example Open person Taking charge	Vision – sees beyond what average person sees     Bringing solutions     Listen     Problem solver     Fairness     Mentor     Communicate     Willing to change     Counseling     Setting the tone



#### Profiles of the Women

- TO BE ADDED
- Insert stories of women who have participated in your programs
- Include information as to why she entered the program, a personal quote/testimonial as to what she achieved as a result
- Include photos



#### **Organizational Assets**

Ability to fund raise funds

Reserve funds (5 months)

Access to operational funding

Strong financial management

Line of Credit

Regular inflow of money from

Visionary leadership

Volunteers

Professional Development

Attention to health of staff

FINANCIAL a diversity of funders ASSETS

Strong board HUMAN Knowledgeable staff

PERSONAL ASSETS ASSETS

SOCIAL.

ASSETS

ASSETS

Community support

Partnerships and networks

Access to political power

Community support

Relationships of trust

Cooperation

PHYSICAL

Entrepreneurial Creative, visionary Motivated Clear mission and values

Strong organizational

identity

Adequate facilities Equipment Access to information and resources Suppliers (bank & related services)

### Sponsors and Supporters

- ADD FUNDERS AND OTHER SUPPORTERS
- supported and designed by awoowo webdesigner



## Closing

halima@madbakh.online

