

TOWERS GYMNASTICS

2021 - 2022 FALL / SPRING SESSION
 SEPTEMBER 6, 2021 - JUNE 25, 2022

(631) 573-6028

Office Hours

Monday to Friday 3pm - 8pm

Saturday 9am - 3pm

Preschool Program

Daytime	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Teeny Tots 18 months - 3 years	10am - 10:45am	10am - 10:45am		10am - 10:45am		9:15am - 10am
Tumbling Tots 3-6 years	11am - 12pm	11am - 12pm		11am - 12pm		10am - 11am 11am - 12pm

Evening

Teeny Tots 18 months - 3 years		5:15pm - 6pm			5:15pm - 6pm	
Tumbling Tots 3-6 years	4pm - 5pm 5pm-6pm 6pm-7pm	4pm - 5pm	4pm - 5pm 5pm-6pm 6pm-7pm	4pm - 5pm	4pm - 5pm 6pm-7pm	

Recreational Program

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Special Needs Ages 6 years+			4:15pm - 5:15pm	5:30pm - 6:30pm		9:00am - 10:00am
Girls Rec Ages 6 years+	4pm - 5:30pm 5:45 - 7:15pm	4pm - 5:30pm 5:45 - 7:15pm	4pm - 5:30pm 5:45 - 7:15pm	4pm - 5:30pm 5:45 - 7:15pm	4pm - 5:30pm 5:45 - 7:15pm	10 - 11:30am 11:45-1:15pm
Boys Rec Ages 6 years+			4pm - 5:30pm 5:45 - 7:15pm		4pm - 5:30pm 5:45 - 7:15pm	
Beginner Tumbling Ages 6 years+		4pm - 5pm		4pm - 5pm		10am - 11am
Advanced Tumbling Ages 6 years+		5pm - 6pm		5pm - 6pm		

Developmental Program

* Invite Only Via Evaluation

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Trophy Tots*	4pm - 6pm	6pm - 8pm		6pm - 8pm	4pm - 6pm	12pm - 2pm
Girls Express*	7pm - 9pm	7pm - 9pm	5pm - 7pm 7pm - 9pm	7pm - 9pm	7pm - 9pm	
Boys Express*		5-7pm				