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# ***K*night *o*f *S*aint *M*ary *o*f *B*ethlehem**

**Bulletin 6th October, 2024.**

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## Overview

At the moment the world can appear to be a hostile, dangerous and unkind place. The stories in the news bulletins can make us wonder where kindness has gone, as many areas are at war with their neighbours. Climate change also brings much concern to us all as well as an 'interesting' budget predicted which will have implications for us all - despair and gloom can take hold.

But kindness can be so powerful. Every day we have the opportunity to be kind to others, a smile to someone in the street; the opening of a door for a laden shopper; a kind word on the phone to a stressed-out friend.

If you are discouraged, remember the old adage of lighting a candle rather than cursing the darkness, by cursing the darkness we just add to it, positive action in our own way is the requirement and counter to this, we cannot change the world but we can change the world for one person.

## Developments

The Knights Templar Good Will Charity of Scotland were out in Edinburgh recently feeding the homeless and the vulnerable. A much needed and highly appreciated endeavor for those who are in need.



On the 6th of October, There was a walk the bridge at the Forth Bridge in Scotland attended by KOSM, this important event raises the profile of managing mental health and social issues in a compassionate and active manner - the first step is to raise awareness that it is good to talk about problems and provide a supportive environment to facilitate this.



A further walk the bridge event is scheduled as below;

19th of October at Carr Mill Dam in St. Helens at 13:00

### [Carr Mill Dam in St. Helens - Bing Maps](#)

Kevin shared a valuable resource on training from the Harm Reduction Coalition, this organisation offers mini courses in mental health issues and can be found [HERE](#)

The New Website trailer video has been released and is the forerunner of things to come. The website remains under construction.





## Manchester Homelessness Partnership

On 9th October, Keith will be joining Phillip Guest and Natasha Stanley, an operational officer, at a stall at the Manchester Homelessness Partnership's Homeless Health Event, organised by the Physical Health Action Group to coincide with World Homelessness Day (10th October).

This event will be an excellent opportunity to network with others in the sector. It is open to individuals experiencing or at risk of homelessness, as well as professionals working in the field. Attendees will have access to a complimentary lunch, goody bags, and haircuts.

Date: Wednesday, 9th October Time: 11am - 2pm (stall setup from 10am) Venue: Moss Side West Indian Sports and Social Club, M14 4SW

[Moss Side West Indian Sports and Social Club, M14 4SW - Search \(bing.com\)](#)

## The General Meeting

This remains on target for the 2nd of November, 2023 and will be held at the Unitarian Church in Altrincham [About our Inclusive Church | Unitarian Chapel, Altrincham \(altrinchamunitarians.org.uk\)](#) Time to be announced.

The Knights Templar GoodWill Charity of Scotland are attending and have booked into;

Travelodge  
Altrincham Central  
WA14 1DQ.



## To conclude

The world may seem tumultuous, it is!, but within the Order's lie a powerful message: kindness is a potent counter force! It's not about grand gestures, but about the small, everyday acts – a smile, a helping hand, a listening ear. These seemingly insignificant acts create a ripple effect, spreading outward and touching lives in profound ways.

The Knights of Saint Mary (KOSM) exemplify this beautifully. From supporting the Knights Templar Goodwill Charity in feeding the vulnerable to participating in "Walk the Bridge" events that raise awareness for mental health, KOSM actively fosters compassion through action.

The upcoming KOSM general meeting in November represents a culmination of these efforts. It's a chance to connect, share experiences, and strategise ways to expand this ripple of kindness. By fostering a supportive environment, KOSM empowers individuals and assists other organisations to make a difference, one kind act at a time.

Remember, kindness is not a luxury in the face of hardship, but a necessity. It is the bridge between despair and hope, the foundation for a more compassionate world. Let us all, inspired by the actions of the Great teachers, strive to be beacons of hope, lighting a path towards a brighter future, one person, one act at a time.

With unwavering optimism and gratitude.

Privy Chamber.

