# Essential Interventions for Couples Therapy

Hosted by Semillas Counseling PLLC

## PROGRAM OVERVIEW

#### **1.5 CE Credits**

In this 90-minute interactive workshop, participants will Learn about basic and advanced interventions to support couples in various stages of restoring their relationship.

#### Presented by

### Dr. Sara Schwarzbaum Ed.D, LMFT, LCPC

Sara Schwarzbaum, EdD, LCPC, LMFT, is a retired Professor of Couples and Family Counseling at NEIU, and the founder of Couples Counseling Associates in Chicago, and founder of The Academy for Couples Therapists. Sara works with couples who want to improve their relationship; and also offers education and consultation for counselors who want to improve their work with couples.

### Tuesday, April 26, 2022

2:00 pm - 3:30 pm Central Virtual - Synchronous Cost: \$50 USD

Registration Deadline Tuesday, April 19, 2022

#### REGISTER at www.semillascounseling.com/training

Semillas Counseling PLLC is licensed by the State of Illinois as a CE provider for counselors. Attendees must be present for the entirety of the program to earn CE credit.

## PROGRAM OBJECTIVES

Participants will :

- Describe the three stages of the treatment process in couples therapy
- Learn tools to use in sessions during the *first* stage of the treatment process and demonstrate how to use them
- Learn tools to use in sessions during the *second* stage of the treatment process and demonstrate how to use them
- Learn tools to use in sessions during the *third* stage of the treatment process and demonstrate how to use them



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