



9 DAY FACULTY-LED PROGRAM

URBAN & RURAL SUSTAINABILITY



Learning with Communities.
Leading for a Sustainable Future.



Sustainability



Community



Culture



Innovation



Action

9
DAYS



DELHI (2N)

Service Learning,
Heritage Expedition



Engage in
meaningful
service
initiatives



Explore India's
rich heritage
and cultural
history



Interact with
local
communities
and leaders



BANGALORE (3N)

Urban Sustainability
Challenges &
Interacting with
Change Makers



Understand
urban
sustainability
challenges



Meet social
entrepreneurs,
innovators &
changemakers



Explore practical
solutions for
sustainable
cities



CHENNAI (3N)

Highlight Visit to
Auroville, Village
Immersion &
Heritage Exploration



Experience
Auroville &
sustainable
living models



Immerse in
village life &
local community
practices



Discover
Chennai's
heritage &
culture



LEARNING OUTCOMES

- ✓ Understand sustainability in urban and rural contexts
- ✓ Engage with communities and grassroots initiatives
- ✓ Explore heritage, culture and diverse perspectives
- ✓ Develop leadership, empathy and global citizenship

PROGRAM HIGHLIGHTS



3 Cities
2 States



9 Days
8 Nights



Experiential
Learning



Mentorship &
Reflection

Explore. Engage. Empower. Sustain.

1-2 WEEK FACULTY-LED PROGRAM

IMPACTING SUSTAINABLE LIVELIHOOD THROUGH DESIGN



Explore traditional crafts. Engage with artisan communities. Co-create meaningful solutions for a sustainable future.



Craft & Culture



Community Engagement



Design Thinking



Sustainable Livelihoods



Ethical Impact

1-2 WEEKS

Design with Purpose.
Empower Communities.

IMMERSIONS WITH ARTISAN COMMUNITIES



PATTACHITRA ARTISANS ODISHA

Discover the ancient storytelling art of Pattachitra and engage with artisan families preserving heritage with natural colours and traditional techniques.



Understand heritage & cultural significance



Explore natural materials and processes



Co-create & support sustainable practices



CHANNAPATNA TOYS KARNATAKA

Experience the craft of Channapatna toys – a story of tradition, design and sustainable woodcraft passed down through generations.



Learn natural dyeing & wood-turning



Design thinking with traditional knowledge



Support artisan livelihoods & fair trade



LANTANA CRAFT UNITS SOUTH TRIBAL VILLAGES

Work with tribal women artisans transforming lantana – an invasive weed – into beautiful handcrafted products and sustainable livelihoods.



Understand ecological restoration through craft



Empower women & tribal entrepreneurs



Create market-linked design solutions



& MANY MORE ARTISAN COMMUNITIES

From textiles to metalwork, pottery to bamboo crafts – engage with diverse artisan communities across India.



Diverse craft experiences



Community immersion



Real-world impact through design



LEARNING OUTCOMES

- ✓ Understand the link between design, culture and sustainable livelihoods
- ✓ Engage deeply with communities and craft traditions
- ✓ Apply design thinking for social impact
- ✓ Develop empathy, respect and global citizenship
- ✓ Create meaningful, community-rooted solutions

PROGRAM HIGHLIGHTS



Multiple Artisan Communities



1-2 Weeks Flexible Duration



Hands-on Workshops



Mentorship from Artisans & Experts



Sustainable & Ethical Impact

“When we design with communities, we don't just create products – we build futures.”



Experiential Learning



Community Immersion



Sustainable Impact



Design for Good

+ 16 DAY ELECTIVE PROGRAM

MEDICAL / NURSING ELECTIVE PROGRAM

LEARN. SERVE. UNDERSTAND.

Hands-on clinical exposure, community engagement and cultural experiences in the Nilgiris – building skills with compassion.

 **16 DAYS**

10 Days Hospital Elective

4 Days Activities & Exploration

2 Nights Bangalore



Clinical Exposure
Department rotations
& hospital immersion



Community Health
Village visits, health
screening & monitoring



Cultural Connection
Engage with local
communities & learn
from their way of life



Holistic Learning
Workshops, interactions
& real-world experiences



Nature & Wellness
Explore the biodiversity
and natural beauty of
the Nilgiris

PROGRAM HIGHLIGHTS



HOSPITAL IMMERSION

10 days of clinical exposure with department rotations, interactions with local healthcare professionals and nursing students.



COMMUNITY ENGAGEMENT

Village hamlet visits for health monitoring & screening, malnutrition classes and interaction with tribal schools and communities.



NGO & SOCIAL EXPOSURE

Visit Shola Trust to learn about community initiatives and lantana craft. Opportunities to volunteer and contribute meaningfully.



NATURE & ECO EXPERIENCES

Bird watching, paddy farming experience, boating at Pykara Lake, trekking to scenic viewpoints and exploring biodiversity hotspots.



CULTURAL & LOCAL EXPLORATION

Day trip to Ooty – viewpoints, Botanical Garden, Doddabetta Peak and optional toy train ride to Coonoor.



LOCAL LIVING & LEARNING

Cooking classes with local women, cultural evenings with tribal dance and understanding native cuisines & traditions.



SUSTAINABLE LIVING

Visit tea plantations, interact with farmers and learn about sustainable agriculture and community livelihoods.



REFLECTION & FAREWELL

Treks, reflection time and meaningful goodbyes with new friends before returning to Bangalore.

KEY TAKEAWAYS

- ✓ Gain real-world clinical and nursing experience
- ✓ Develop community health & cultural competence
- ✓ Learn from local healthcare challenges & solutions
- ✓ Build empathy, communication & leadership skills
- ✓ Create memories that shape your future healthcare journey

PROGRAM AT A GLANCE



10 DAYS
Hospital
Elective



4 DAYS
Activities &
Exploration



2 NIGHTS
Bangalore
(Stay)



IMMERSIVE
Learning &
Engagement

“ *Healing hands. Compassionate hearts.
Stronger communities.* ”



Clinical Excellence



Community Impact



Cultural Sensitivity



Global Perspective