

Prosperity and Your Energy Centers
[column: Unity Healing and Your Energy Centers]

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Want to go even deeper with your prosperity practice? Work with your throat center (chakra), because this is the soul energy center that relates to your current overall capacity to receive all nourishment and abundance.

Charles Fillmore described the law of prosperity this way: God is the great Giver of all things, and we are invited to receive all things. Infinite supply already exists in the form of universal creative substance that is within us and all around us. When we focus on prosperous thoughts, we draw like creative substance to us, and prosperity manifests—“unless we make it impossible by our refusal to accept [God’s] bounty.” (*Prosperity*, Lessons Five and Seven)

This description matches what happens with our energy centers. When you are truly open to all nourishment (prosperity) in the moment, your throat center opens. Your physical throat is relaxed, and positive life energy (creative substance) flows into you there.

So pay regular attention to your throat center. Notice when it is open and when it is closed. Practice opening your throat center (relax there, and allow energy to flow in there). Affirm: “I accept complete and infinite nourishment and abundance.” Can you feel your throat center open more when you say this?

These practices are important for everyone, but especially if you have physical neck problems (tension, pinched nerves), thyroid issues, TMJ, or lung or ear issues. And don’t worry if your throat center closes up again after you stop saying prosperity affirmations. This is extremely common and indicates unresolved soul emotions about not having received enough nourishment in the past. Releasing all of that completely (and growing into a fully embodied state of prosperity consciousness) takes time.