510 Northcliffe Blvd

Toronto, Ontario 416-878-4945 (C)

M6E 3L5

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CAREER SUMMARY

Last fifteen years interning and private practice, providing individual psychotherapy/couple and family therapy. Twenty years experience as a Military Policewoman with demonstrated skills in supervising and training subordinates, physical and information systems security, investigations and VIP security. Proven strengths in working well under stress, meeting deadlines and adapting to flexible working environments. Strong communication skills both oral and written, in English and Italian. Thirteen years working at York University with the security team and retiring as a Campus Relations Officer. Twenty years working as a Military Policewoman. Retired Veteran.

EMPLOYMENT HISTORY

Self Employed 28 Nov 17 – present

Psychotherapy for individual/Couple and families

510 Northcliffe Blvd, Toronto, Ontario M6E 3L5

Self Employed June 2013 – 25 Nov 17

Psychotherapy/Pastoral Counselling/individual/Couple and family therapy

Dufferin Medical Clinic

2045 Dufferin Street,

Suite 301

Toronto, Ontario

M6E 3R4

Volunteer

Volunteer

Executive Board Member, Federal Retirees, Toronto 2018 - present

Assistant Health Benefits Officer (officially sworn in - fall meeting)

2013 - Sep 2018

2015 officially sworn in again for another term.

Answer Health benefit questions to Federal Retirees in Toronto and area.

The National Association of Federal Retirees (FSNA).

Marketing, Promotion and Advocacy CASC 10 Jun 15 - 20 Feb 17

monthly one hour approximate telephone

conferences, Canada wide representatives.

(Ontario Central)

**Community Advisory Panel meeting (Columbus Centre) Nov 22, 2017**

Volunteer (as per request)

Advance Consultation for Pastoral Counselling Education Oct 1, 2014

Advance consultation for Pastoral Counselling Education Sep 25, 2015

President of the Toronto Military Police Association 1991

Self Employed/Internship

Psychotherapy/Pastoral Counselling February 2011 - August 2014

St Thomas Aquinas Church

640 Glenholme Avenue

Toronto, Ontario

Self Employed – Counselling February 2010 - June 2013

Private Residence

510 Northcliffe Blvd

Toronto, Ontario

Internship - Counselling/psychotherapy September 2010 – May 2011

Women’s Crises Center

Salvation Army

Erin Mills

Mississauga

Internship – Pastoral Counselling/psychotherapy September 2008 - September 2009

Our Lady Of Lourdes Catholic Church

41 Earl Street

Toronto, Ontario

St Michaels Hospital – Chaplaincy Intern April 2009 - July 2009

Bond Street

Toronto, Ontario

Providing counselling and spiritual care to those suffering and dying from HIV and Cancer.

Two weeks internship with Palliative Care. Weekend counselling and spiritual care for entire

hospital and emergency ward.

Regis College University of Toronto January 2008 – November 2011

Psychotherapy/Pastoral Counselling

Both at St Mary’s and Wellesley Street

Toronto, Ontario

***York University January 2004 –February 2008***

*Campus Relations Officer*

*(Security)*

*Duties include:*

*Attending meetings, demonstrations and liaising with the university community to enhance the relationship between security and the community. Developing initiatives to provide a safe environment. Providing Orientations for students, staff, and Faculty. Providing safety tips to children at camp. Liaison with the Health Department, Alcohol and Licensing and Toronto Police for training initiatives and enforcement. Responsibilities included liaison with pub managers and the university mall manager and tenants.*

***York University July 1994 – January 2004***

***Security Officer***

*Duties Have Included:*

*The enforcement of York University's policies, regulations and all Federal,*

*Provincial and Municipal by-laws applicable to the University laws and regulations.*

*Acting as Supervisor whenever required.*

***Canadian Forces Base Toronto******July 1989 - May 1994***

***Military Police Section***

*Duties have included:*

× *Supervising and delegating duties and responsibilities to subordinates.*

× *Analyzing and recommending upgrading of information systems security.*

× *Verifying that investigations are properly conducted and that reports submitted are complete and accurate.*

× *Co-ordinating care and control of prisoners.*

× *Conducting physical security surveys of National Defence establishments and arsenals throughout Southern Ontario.*

× *Instructing department Security Officers on duties and responsibilities.*

× *Liaising with civilian police agencies as required.*

***Canadian Forces Base Borden***

***School of Intelligence and Security******June 1987 - June 1989***

***Instructor***

× *Instructed basic and intermediate Military Police Courses.*

× *Taught and tested students on unarmed combat, physical fitness, radar, Crises and Conflict, stress control, Military Judicial system, interviews and interrogation techniques, physical security, the firing of weapons, Criminal Code, report writing and terrorism.*

× *Ensured physical well being of students both in the classroom and during simulated war exercises conducted in the field.*

***Canadian Forces Base Toronto******August 1982 - June 1987***

***Military Police Section***

× *Participated in all aspects of police duty including patrolwoman, investigations, supervising and training of subordinates, both military and civilian.*

*During this tour was the first Military Policewoman who served with*

***United Nations Multinational******October 1986 - March 1986***

***Observation Force - Sinai Desert***

× *Provided close security for former External Affairs Minister the Honourable Joe Clark, United States Vice President George Bush and other VIP delegates.*

× *Provided close protection to Norway's Force Commander's wife when away from military facilities.*

Professional Education

PCE Second Advance 2012

- Second PCE Advance providing psychotherapy and counselling to all persons in private

practice.

PCE First Advance 2011

- First PCE Advance included providing psychotherapy and counselling for women in crises,

and personal long term client.

PCE Basic

- PCE basic included counselling under supervision, children, women with special

needs and adult women.

CPE Basic 2008

- CPE included

Providing spiritual care at St Michael’s hospital to patients in Oncology, HIV and Palliative

Care

Education

University of Toronto MAMS 2011

University of Guelph OAMFT(Research in Family Therapy) 2010

York University BA Psychology 2007

POST GRADUATE CERTIFICATES

2011- 2012

- Advanced Theory and Methods of Marital and Family Therapy.

- Working with Cultural, Ethnic and Economic Diversity in Pastoral Counselling and Marriage

and family Therapy.

- Working with Marriage Breakdown, Separation, Divorce and Re-marriage in Pastoral

Counselling and Marriage and Family Therapy.

2010 - 2011

- Spirituality in Pastoral Counselling and and Marriage and Family Therapy.

- The Developing Family Life Cycle Pastoral Counselling and Marriage and Family Therapy.

- Working with Imago Therapy in Pastoral Counselling and Marriage and Family Therapy.

2009- 2010

- Family of Origin in Pastoral Counselling and Marriage and Family Therapy.

- Working with Loss and Bereavement in Pastoral Counselling and Marriage and Family

Therapy.

2008-2009

- Relational Self Psychology in Pastoral Counselling and Marriage and Family Therapy.

- Working with Family Systems in Pastoral counselling and Marriage and Family Therapy.

24 Nov 21,

ADDITIONAL TRAINING

1Dec 22, Introduction and Measurement of Moral Injury, 1 hr.

Dr Anthony Nazaron, EH Canada 2022

Neurobiology and the treatment of Relationships,

The Hormone Factor in Mental Health: Bridging the Mind - body gap,

Child Abuse and Neglect: A Comprehensive Approach to Trauma-

Informed Care. Couplehood in Close Quarters: Impact of COVID on

couples, Improving Desire in Long Term Relationship, Effective Systemic

Approaches to Resolve High Conflict Co-Parenting Keys to success,

Misinformation, Teen Family Prevention and Intervention for Eating

Disorders, Cultivating Systemic Resilience, Focus on Family Systems

in elder care: A critical Social Determinant of Health; Ending

the Injustice of Generational Poverty.Systemic Family Therapy,

AAMFT, 14.50 hours, Nov 9-11, 2022 2022

Eating Disorders. Stepping into the future of Care.

*Body Peace Conference. Western Canada. 7 Oct 22 1hr. 2022*

Introduction to psychotherapy with consensual non-monogamous clients

22 Sept 22, 2 hrs, by Carling Mashinter. CAMFT 2022

Adult ADHD, and Addiction, Dr Tim Ayas, Addiction Psychiatrist,

An International Interdisciplinary Conference on Fatherhood and

Men’s Experiences with violence and Victimization. Sep 15-16,

Holiday Inn, Toronto. Organizer Dr Susan S., Chuang, Professor,

Guelph University. 14 hrs continuing education. 2022

EHN, Sandstone, 1 hr, 8 Sep 22 2022

Positive Psychology. Harvard Health Publishing Medical School.

15 Jul 22 (module completion) 2022

Dysregulation and Stress Responses, Ryan Slobodian, EHN Canada,

14 Jul 22, 1 CE. 2022

The latest U.N. Report, Accelerating the energy transition, by Dr

Patricia Perkins, Professor, Faculty of Environment, York University

Scholar’s Hub 1hr, 22 Jun 22. 2022

Optimizing Care in Inflammatory Bowel Disease (IBD): The role of

Emerging Therapies in improving Patient Outcomes, 21 May 22,

0915 hrs - 1045 hrs. Dr Anita Afzali. 2022

Adapting to an evolving landscape: How families are managing during

the pandemic, by Dr Heather Prime, Dept of Psychology, 1hr, 11 May 22

York U. Scholar’s Hub, 2022

Ignatian Spirituality Conference, Apr 2-3, 1100 to 7pm 8 sessions 2022

The Effectiveness of Inpatient treatment for substance Use Disorder,

EHN, Dr Christina Basedow, 1 hr , 24 Mar 22 2022

Moral Distress, Burn Out, Compassion and Resilience, Dr Nadia Khan

& Dr Jennifer Gibson, UBC, 4 Mar 22, l.15 hr 2022

Sex and Love Addiction, EHN Canada, Mike Quarress. 1 hr. 10 Feb 22 2022

*Self and Client Care, CAMFT, 26 Jan - 14 Dec 22: 12.5 hrs 2022*

Self and Client Care, TCPCE, 2 hrs, 15 Jan 22 2022

Approaches to Elder Abuse: A family physician’s perspective by

Dr Mark Yaffe, Prof. St Mary’s Hospital (Investigation)

& Dr Tazakarji, MD, UofT, 1.5 hr, EAPO, 22 Nov 21 2021

Preventing Domestic Homicide with older couples: Lesson learned

from tragedies. Dr Peter Jaffe, Psychologist, Prof Emeritus &

Margaret MacPherson, Research Associate. 24 Nov 21, 1 hr 2021

Spirituality and Recovery, Webinar, 1hr, CE, EHN, 18 Nov 21 2021

CAMFT, Annual Meeting 1hr, approx and How to Navigate

an uncertain World, COVID19, 1hr.9 min. 06 Nov 21 2021

Recovery Day: Navigating a life in Recovery, Webinar, 2 hr, CE.

(addictions) 29 Sep 21 EHN. 2021

Disclosure of Moral Injury. Dr Anthony Nazarov, Phd, PMP.

EHN. 1hr. 16min. 2 Sep 21. 2021

Supporting Healthcare Workers - Minding your mental health. 15 Jul 21,

*EHN, 1hr. 2021*

*Medical Management of Eating Disorders, Drs Molleken and*

*Sutandar, EHN Canada, 1 CE, 8 Jul 21, 2021*

Aging with Rights: Ending Elder Abuse in Canada, 1 hr. 15 Jun 21. 2021

Video Counselling: Security, Ethics and Clinical Considerations,

CAMFT 28 May 21, 3 hrs CE, CAMFT, Lawrence Murphy 2021

False Memories, York University,19 May 21, 2 hrs 2021

AAMFT, Dr Maurizio Andolfi, Intergenerational Couple Therapy, 1 hr CE.

7 May 21. 2021

Courageous Leadership in a crises, by Drs Julio Montaner and

Jim McManus, 27 Apr 21, Providence Health, British Columbia, 1hr 16min. 2021

The Impact on the Pandemic on the Environment, Drs Eric Kennedy and others,

York Circle, 2 hrs, 17 Apr 21 2021

Providing Compassionate Psychosocial Spiritual Care and Counselling During

COVID-19 Crises. Demands, Challenges, Responses, by Eugene Dufour, 4.5hrs,

12 Apr 21. 2021

Treating Concurrent Mood Disorders and Addiction, Dr Mel Vincent, EHN Canada

8 Apr 21. 2021

AAMFT, Systemic Family and Global Health, 1CE, 19 Mar 21 2021

AAMFT, Families in chronically unsafe environments, 1 CE, 5 Mar 21 2021

COVID 19 Lock Down, one year Anniversary 1.5 hrs, 3 Mar 21, York University

Scholar’s Hub 2021

AAMFT, The Black Family: Representation, Identity and Diversity

26 Feb (1 hr) 2021

CAMFT, Documentation and file keeping, 18 Feb 21 1 hr. 2021

Discussion with Heather McDonald and Dr Jennie Johnstone (Mount Sinai

hospital) on the Covid -19 Vaccine in Community Agencies 18 Jan 21 1 hr.

Self and Client care Wed, from 14 Apr 20 to 4 feb 21, 19 total hours 2021

*Anti Racism and Diverse Communities by Dr Jessica Dere and Dr Larence Jackson,*

*OAMFT, 0930 hrs - 1500 hrs (4 hrs)*   *16 Jan 21 2021*

Compassion and Imagination in Leadership. Providence Health, BC. 15 Jan 21

1 hr 15min. 2021

13 Jan 21 OAMFT Conference, Developing a stance of informed curiosity:

Integrating evidence based practice with a cultural-informed approach to

mental health & The complexities of racism and discrimination by highlighting the

aspects attributed to racism. 10:00 to 1500 hrs. (5 hrs) 2021

How to expect the unexpected in OnLine Practice 1hr, Talia Singer, Phd, (CRPO)

Dec 2, 2020 2020

York Circle - COVID-19 Vaccine: Production, Policy, Politics, 21 Nov, 1 hr 2020

*Ignatian of Loyola, Regis College webinar Scott Lewis 1hr, 17 Nov 2020*

12&13 Nov20 AAMFT two day Conference: Key Note: The State of Systemic 2020

*Family Therapy and the World; Mitigating our Risk for burnout and*

*Compassion Fatigue during COVID - 19: The first responder tool kit;*

*The Family Body Project: Family-Level Prevention of Eating Disorders;*

*Intimate Partner Violence: Victim, Perpetrator and the Couple.*

*Key Note: A Common Struggle: A Personal Journey through the past*

*and future of Mental Illness and Addiction; Advanced Issues in*

*Telemental Health; Common Factors of Couple Recovery from Problematic*

*Pornography use; Relationship Rebalancing: A New Tool for Relational Repair.*

(8 education hours)

Attaining Intercultural competence in psychotherapy and counselling:

*During The Black Lives Matter era (ICCI/CCS) 4.5 hours*

26 Oct 2020

Brief Therapy for Couples in Crises, CAMFT 1hr, webinar 24 Oct 2020

Acute discrimination and the Asian-white mental health gap during COVID 19, 1hr, 2020

York University, webinar 21 Oct 20

Learning from COVID 19 Wave 1: How and when to deliver care in-person. vs

virtually 1 hr, 19 Oct 20, 2020

30 Sep 20 CRPO Virtual Town Hall, 2 hrs. 2020

29 Sep 20 York Circle, COVID 19 and the Environment: Behaviour, Policy and

Implications for sustainability 1hr, 2020

At home and in school: Supporting children, youth and the adults who

care for them during a pandemic, York University Circle 1.5 26 Sep 2020

Many Hearts of Psychotherapy, 1.5 hrs, 14 Aug 20 Adler 2020

Mastering Plot Twists, Sisters of Crime, 1hr, 19 May 2020

Forensic Psychology, Dr Katherine Ramsland, 1 hr 45 min, 12 May 2020

How to become a better writer in quarantine, sisters of crime , 1 hr, 2 May 2020

Couples That Play Together, Stay Together, May 1, 2 hrs, OAMFT 2020

Psychological Health in the Work Place - Leading in the Covid -19. York

University - Health Leadership and Learning network (HLLN) Apr 30, 1 hr. 2020

Weekly Self Care & Client Care Zoom Discussion 1 hr, 15 Apr 20 - continuing 2020

The Role of the Patient Navigator in the Global Pandemic (webinar) 9 Apr 20

York University (1 hour ) 2020

Weekly Self Care & Client Care Zoom Discussion 1 hr, 08 Apr 20 - 30 Jun 20 2020

(missed one week)

An Introduction to set up a Tele-behavioural Practice, 46 min (webinar) AAMFT,

25 Mar 20 2020

TCPCE Professional Development 5 hours, Mind Body Continuum:

*Understanding the Physical Contributors to Mental Stress, Dr Crawford, 23 Mar 20 2020*

Retreat, Regis College 1000 to 1600 hrs 07 Dec 19 6 hours 2019

*CASC/ACSS Ethics Education Module , Sunnybrook Hospital, Veterans H. 6 hours (one day)*

*30 Nov 19 2019*

*CASC, Experiences of Mutuality in the Spousal Relationship in Advanced Parkinson’s*

*Disease from the perspective of the caregiving partner, Rabbi Dr Rena Arshinoff;*

*Divine Testing and Suffering at the Intersection of Theology and Social Sciences, Nazila*

*Isgandarova, PhD., 4 hours, certificate, 6 Nov 19. Bridgepoint Hosp. 2019*

*Role of Complex Developmental Trauma in therapeutic work with clients, 5 hrs.*

*certificate. Toronto Centre For Psychotherapy and Counselling education 28 Oct 19 2019*

*Badge of Life, Best Practices for Organizational Wellness, Organizational Wellness,*

*Dr Katy Kamkar, PHD. PTSD Research, Homewood Research Institute, Dr Margaret*

*Mackinnon Ph.D., Organizational Wellness Strategies, Psychological Trauma Unit,*

*PTSD REsearch and Best Practices Panel, Autonomic Modulation Training, PTSI,*

*Early Intervention and Resilience building. 0900 - 1515 hrs. 26 Oct 19. 2019*

*Compassionate Fatigue, Toronto Centre for psychotherapy and counselling education*

*5 hours, 27 May 19 2019*

*Guelph University Conference, Dr Alison Duncan, PH.D., R.D., Department of Human*

*Health and Nutritional Sciences, preventing deficiency disease and chronic disease. (45min),*

*Therapy Dogs, Kris Gies, OVC Pet Trust, Outreach Coordinator & Peggy Pritchard,*

*Campus Therapy Dog Program (45 min), Can we use bugs as drugs? by Professor*

*Emma Alen-Vercoe, Dept of Molecular and Cellular Biology, (45 min), Sexuality and*

*Aging, Dr Tuuli Kukkonen, Dept of Family Relations and Human Nutrition, (45min)*

*Aging Well and Age-Friendly Communities, Panel (45 min); Be the Best you can be,*

*Head Coach, Dave Scott-Thomas (45 min) May 22-24 (3 days) 2019*

Fostering Healthy Grief in Families, Andrea Warnick, MA, RN, RP, 3 hrs, 22 Apr 19 2019

Regis College University of Toronto Retreat 0930 hrs - 1630 hrs 6 Apr, 2019

Elderly Abuse- Law Society of Ontario - Who are they and how can they help me 1.5 2019

The effect of cannabis on the developing brain, by Dr Kay Shen + 5 hrs, CAMH 12 Feb 2019

Retreat, Regis College, University of Toronto (4 hrs ) 8 Dec 18 2018

Ethics Module, Toronto General Hospital (CASC) 0830 hrs 1600 hrs 22 Nov 18 2018

CASC/ OCN AGM & Educational Day,: Why Stories Matter - An introduction into Narrative 2018

Therapy 3 hrs, 7 Nov 18

OAMFT, Person of the Therapist by Dr Harry Apponte, 3 Nov 18, Clinical Application 5 hrs 2018

CASC Conference: Exploring Spiritual Landscapes through the Arts

Keeping the Spark Alive: Self expression in romantic relationships & Climate change research,

22 Sept, York University, York Circle Lecture 2018

Badge of Life “Community Healing & Rebuilding (17 Apr 18) 8 hrs 2018

Dr Fornazzi Behavioral Neurologist, Art &Brain, Experimental therapy,

Narrative and Ethics, 5.5 hours 27 April (+26) , Disfranchised grief (pets

and miscarriages, Colours for comfort and patients (CAMH) 2018

Treating the Invisible Wounds of Sociocultural Trauma: A multicultural Relational

Perspective, Dr Kenneth Hardy, Professor, Drexel University, Philadelphia 18 Nov 17 2017

Hope and Healing. Day of Formation for Clergy and Counsellors (5 hrs) 15 Nov 17, 2017

CASC OCN AGM and Educational Day: Optimally responding to our Patients: How we do

what we do as spiritual Care Practitioners and Psycho-Spiritual Therapists & Assessing

Transcendental experiences vs. mental illness. 3 hrs. North York General Hospital. 2017

(8 Nov 17)

Depression and Seasonal Depression in later life, 1.5 hrs, 3 Nov 17 , Fairbanks 2017

“Building Bridges: The Relationship between Spiritual Helping and Professionals

and the CRPO” Hamilton Health Siences 4 Oct 17, 6 hrs professional education 2017

Opioid Crises: Understanding Community-Based Clinical Approaches (6 Jul 17) 2017

Memory and Aging Workshop BSB, York University. - two hour sessions,May 10,17,24,31 2017

& June 7, 10 hours

2017

Retreat ,Marian Day, Scarborough Speaker Michael H. Brown, May 20, 0900-1800 (5 hrs) 2017

Living with many shapes of grief. Dr. Darcy Harris, Kane Funeral Home. 05 May 2017.

Promotion and Advocacy for CASC 20 Feb 17 (telephone conference) 2017

Formation for Extraordinary Ministers of Holy Communion, St John Bosco Church (6Feb) 2017

Suicide Prevention, Intervention & Postvention Strategies(12 hrs) 2 Days, Dec 7 & 8 CTRI 2016

CASC tele-conference, Canada wide (16 Nov 16) (1 hour) 2016

Adler School of Psychology, Coaching (3 Nov 16) 2016

Alternative medicine, acupuncture and Superfoods Fairbanks Centre 5hrs 2Nov 16 2016

“Spirituality in Psychotherapy: Ethical Issues arising from the Integration of Spirituality 6hrs

and Psychotherapy” and Trauma, North York General Hospital (CASC) (1 Nov 16) 2016

Family Therapy and Systemic Practice, OAMFT (29 Oct 16) 2016

Canadian Institute of the Blind Education, Fairbanks Centre 28 Oct 16) 3 hrs 2016

Enterprise, Small Business, Convention Centre (25 Oct 16) 2016

CASC tele-conference, Canada wide (12 Oct 16) (1 hour) 2016

“The Sustaining Capacity of Compassionate Care- an interprofessional Approach, Dr Darcy

Harris, Sunnybrook Hospital, day conference (0900-1600 hrs, Oct 5) 2016

Nutrition, Toronto Health, York Fairbanks Centre, (30 Sept) 2016

Elder Abuse , York Fairbanks Centre (15 Jun ) 2016

The Many Hearts of Psychotherapy Adler School of Psychology , 3 hrs, (13 May) 2016

Marian Day: Addiction Ben Wasiniak; Forgiveness and Mercy; Satanism, Zachary King(7 May) 2016

Focus on the 90%, Presenter Darci Lang -Take heart, Bereavement Seminar (May 6) 2016

Strategies for resolving the impact of post traumatic stress (2 days) 2016

CTRI institute, held at Ramada Plaza, 300 Jarvis Street (5& 6 April 26)

Family Therapy and Systemic Practice, OAMFT (29 Oct 16) 2016

Transference/Counter Transference/ College of Psychotherapy update 2016

OAMFT Peers, School of Social Work bldg (2 Feb 16)

Alzheimer’s disease, Fairbanks Centre, (26 Feb 16) 2016

As Time Goes By: How memory and decision-making change 2015

with age by Prof Shayna Rosenbaum, York University Neural psychology,

York Circle.

Physician Assisted Dying (4 Nov) Bridgepoint Hospital 2015

Oamft General Meeting and members day, Sheritan Parkway Richmond Hill 0830 to 1930 (17 Oct)2015

Reflective Conversations on College Membership and our Professional

Practice and Identity:Claiming our authority in the various therapeutic

modalities we engage in including psycho-spiritual care. (2 Oct) 2015

OAMFT conference (Richmond Hill) 2015

OAMFT meeting (Jun 4) Institute of Family Living 2015

Transitioning our approach to transgender and transsexuality (May 13) 2015

CASC tele-conference 3 hours May 13, 2015

Complicated Grief Dr. William Hoy, Baylor University (1 May) Kane 2015

OAMFT meeting (Apr 16) Institute of Family Living 2015

PTSD, community information forum, Scarborough 2015

Exploring Clinical Impact of CBT, & DSM Diagnostic System, Adler Psychology 2014

OAMFT 2 day conference, North York, Facilitating Family Resilience,

Nurturing Healing & Resilience in the Wake of Traumatic Loss, Integrating

the Spiritual Dimension of Clincal Practice, Restoring hope in Couples

Affected by an Addiction, Reducing self blame during times of adversity. 2014

Sex addiction, Elements Behavioral Health 2014

Registration process for grand parenting, Adler Psychology 2014

Behavioral Health, Sex Addiction, North York 2014

Sunnybrook Hospital, Examining Relationship between spirituality etc

& its impact on physical and psycho-social wellbeing, Dr Harold Koenig,M.D. 2014

CASC Training/Research Day, Sunnybrook Hospital 2014

Government Services for Small Business Info, Brampton 2014

Social Media Marketing Conference, Mississauga 2014

Registration process for grand parenting, OAMFT 2013

Professional Practice and Jurisprudence e-learning Module 2013

Registration process for grand parenting, MS, UofT 2013

OAMFT CONF& AGM Couple Therapy in the New Millennium (Nov 1 &2) 2013

Registration process for grand parenting, phone conference 2013

Social Marketing Summit online and social marketing 2013

Social Business Conference, Mississauga 2013

Spiritual Care Conference, Baycrest,Rabbi Springer 2013

Sunnybrook Hospital, CASC Conference 2013

Senior Forum 2013

Marion Day of Prayer 2013

Kane’s Grief Seminar 2012

OAMFT Annual Conference & Professional Development 2012

CASC Annual meeting 2012

Martyrs Shrine, Midland Day of Prayer 2012

Villa Columbo, Retreat Day 2012

Regis Seminar, Dr Hog, 2012

Human Trafficking Regis College 2012

Regis College Retreat (Integration Three) 2011

CASC Annual meeting 2011

OAMFT Annual Conference 2011

Legal issues in Ethical Therapeutic Practice 2010

CASC Annual Seminar 2010

OAMFT Annual Conference 2010

CASC Annual Seminar 2009

OAMFT Annual Conference 2008

CASC Annual Seminar 2008

Emergency Management Global Warming, York University, 2 Day seminar 2008

Say No to Harassment Education 2008

First Aid, CPR, Automated External Defibrillator 2008

Radiation Training 2007

Presentation Skills Clinic (Two Days) 2005

Dealing with Difficult People 2004

Accident/Occupational illness investigation 2002

Introduction to Cognitive Therapy Workshop 2001

Sexual Assault Investigation (Three days - Sudbury) 2001

Self Management and Conflict Resolution (Two Days) 2001

Ventricular Fibrillation Response 2001

Career Planning 2000

Harassment and Gender Bias (Two days) 1993

CPR Instructor 1990

First Aid Instructor 1990

Information Systems Security Specialist 1988

Classroom Instructor 1987

Eight week stress management series, City of York 1987

Accident Investigation 1983 Junior Management 1982

PROFESSIONAL MEMBERSHIPS

CAMFT 2018 - present

Registered Psychotherapist 2015 - present

AAMFT Clinical Fellow 2014 - present

Registered Marriage and Family Therapist 2013 - present

Published

Redigonda, Silva. The Internet Murders. Cranberry Tree Press Publishing: Windsor, 2017.

Redigonda, Silva. For Love of Country Military Policewoman. Cranberry Tree Press Publishing: Windsor, 2015.

*Redigonda, Silva. Fireside Dreams. Anthology of Short Stories. “Dear Dad on Father’s Day”. Poetry Institute of Canada: Victoria, 2012. P127. ISBN 978-1-926774-21-3.*

*Redigonda, Silva. Island Wonders.* *An Anthology of Verse. “The Alphabet” . Poetry Institute of Canada: Victoria, 2012. P 284. ISBN 978-1-926774-20-6.*

*Redigonda, Silva. From Across the River.* *Anthology of Short Stories. “A Christmas Tale . Poetry Institute of Canada: Victoria, 2011. P 67. ISBN 978-1-926774-12-1.*

*Redigonda Silva. Buy Me – A Guide For Men, Cranberry Tree Press Publishing: Windsor, 2010.*

*Redigonda, Silva. Lamplight Tales. Anthology of Short Stories. “Tribute to My Postman”. Canadian Poetry Institute: Victoria, 2010. P 75. ISBN 978-1-926774-03-9.*

*Redigonda, Silva. Island Mists. “Beautiful Man” Anthology of verse. Poetry Institute of Canada, 2010. P 169. ISBN 978-1-926-774-0202.*

*Redigonda, Silva. The Golden Road. Anthology of Short Stories. “An Eulogy for Bepi”(National Library of Canada, Ottawa, 2009. P 80. ISBN 978-1-896965-97-0.*

*Redigonda, Silva. Whispers on the Wind. Anthology of verse. “The End”. (National Library of Canada, Ottawa, 2009. P 205. ISBN 978-1-896965-96-3.*

*Redigonda, Silva. Island Treasures. Anthology of verse. “ Untitled”. Poetry Institute of Canada. 2008. P111. ISBN 978-1-896965-90-1.*

*Redigonda, Silva. Summer Tapestry. “Carol Yawney” Anthology of Short stories (National Library of Canada, Ottawa. 2008.*

Awards/Acknowledgments

Academic - York University Continuing Student Scholarship

Employment- CD, MFO