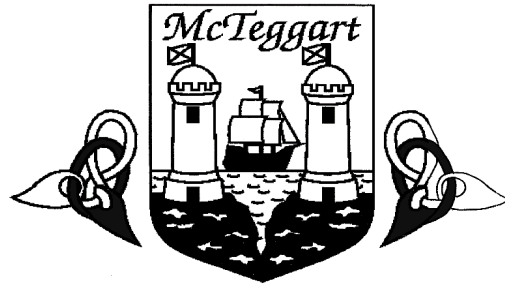


**The Sixth Annual
Cowtown Feis
Sunday, February 27, 2022**



The McTeggart Irish Dancers of North Texas

email: feis@danceirish.org

**Sheraton DFW Airport Hotel
4440 W John Carpenter Fwy, Irving, TX 75063**

Information and updates:

www.danceirish.org – FB @McTeggartNTXFeis – Twitter @McTeggartNTX

Register online at www.feisworx.com

Entry deadline: February 11, 2022

Adjudicators

Megan Carpenter
Kathy Dennehy

Claire McMorrow
Jonathan McMorrow

Erin Pender
TBD

Musicians

Chris McLoughlin
Ryan Duns, S.J.

Dancing Competitions begin on Sunday, February 27, 2022 at 8AM
Beginner Figures starting at 8AM, followed by Grades, then Championships

Syllabus Approved By: Maureen Armstrong A.D.C.R.G. Southern Region Feis Liaison

**Should the feis be cancelled due to constraints related to covid-19, refunds will be processed, less a \$5 administrative fee per registration payment.*

Entry Fees

Solo dances per competition	\$12.00
Figures (flat fee) per competitor	\$12.00
Preliminary Championships, incl. Masters (2 rounds - no set)	\$45.00
Adult Championships (3 rounds - hard/soft shoe plus trad set)	\$45.00
Open Championships, incl. Masters (3 rounds)	\$50.00
Music/Vocals/Spoken Word competitions	\$15.00
Specials	\$15.00
Event Fee (per family)	\$25.00
Feisworx Service Fee (per family, includes personal results)	\$6.50
Family Max*	\$150.00

*Does not include Specials, Figures, Event Fee, Feisworx Service Fee, or late fees

Late Fees

Late entry fee (after February 11th)	\$25.00
Day of Feis change fee	\$20.00
Day of Feis late entry free	\$50.00

No late fee to advance level(s) for Cowtown Feis if changed on Saturday after feis.

Solo Competitions

**Solo Competition Requirement: 32 bars*

Beginner I	U5	U7	U9	U11	U13	U15	15&O
Reel	1	5	9	13	17	21	25
Light Jig	2	6	10	14	18	22	26
Single Jig	3	7	11	15	19	23	27
Slip Jig	4	8	12	16	20	24	28

Beginner II	U5	U7	U9	U11	U13	U15	15&O
Reel	90	100	106	112	118	124	130
Light Jig	91	101	107	113	119	125	131
Single Jig	92	102	108	114	120	126	132
Slip Jig	93	103	109	115	121	127	133
Double Jig*	94	104	110	116	122	128	134
Hornpipe*	95	105	111	117	123	129	135

**Hard shoe is traditional speed only.*

Novice	U7	U9	U11	U13	U15	15&O
Reel	200	206	212	218	224	230
Light Jig	201	207	213	219	225	231
Single Jig	202	208	214	220	226	232
Slip Jig	203	209	215	221	227	233
Double Jig*	204	210	216	222	228	234
Hornpipe*	205	211	217	223	229	235

**Hard shoe is speed of choice.*

Prizewinner	U7	U9	U11	U13	U15	15&O
Reel	300	306	312	318	324	330
Light Jig	301	307	313	319	325	331
Single Jig	302	308	314	320	326	332
Slip Jig	303	309	315	321	327	333
Double Jig*	304	310	316	322	328	334
Hornpipe*	305	311	317	323	329	335

**Hard shoe is speed of choice.*

Adult	Beginner I/Beginner II	Novice/Prizewinner	
Reel	400	406	
Light Jig	401	407	
Single Jig	402	408	
Slip Jig	403	409	
Double Jig	404	410	
Hornpipe	405	411	
Adult Championships			412
Adult Masters Preliminary			413
Adult Masters Opens			414

Adult Championships Requirements: Choice of soft shoe and hard shoe rounds and choice of Traditional Set (three full dances). Adults may register for championship and solo competition in their respective grade level.

Adult Masters Preliminary Requirements: Choice of soft shoe and hard shoe (two full dances).

Adult Masters Opens Requirements: Choice of soft shoe and hard shoe rounds and choice of Contemporary Set (three full dances).

Preliminary Championships	U9	U10	U12	U14	U16	16&O
	700	701	702	703	704	705

Preliminary Championship Requirements: Reel (48 bars) or Slip Jig (40 bars) and Hornpipe (40 bars) or Double Jig (48 bars).

Open Championships	U9	U11	U12	U13	U14	U15	U16	U17	U18	18&O
	719	720	721	722	723	724	725	726	727	728

Open Championship Requirements: Reel (48 bars) or Slip Jig (40 bars) and Hornpipe (40 bars) or Double Jig (48 bars) and any non-Traditional Set Dance* (full dance). [*U9 dances traditional set.] Boys & girls will be separated if there are 3 or more boys in a competition.

Maureen Hall Champion of Champions Perpetual Trophy

At the completion of awards for the day, the 1st place winners from each Preliminary and Open Championship competition will compete in a “Parade of Champions” 16-bar step down the line. The winner will be awarded the title of Texas State Championships & Feis Champion of Champions and receive the Maureen Hall Perpetual Trophy*.

*Trophy must be returned no later than February 24, 2023.

Figures

Beginner Figures	U9	U12	12&O
2-H Reel or Light Jig	500	502	504
3-H Reel	501	503	505

Open Figures	U10	U13	U16	16&O
2-H Reel	520	524	526	528
3-H Reel	521	525	527	529
4-H Dance*	n/a	540	541	542
6-H Dance	n/a	560	561	562
8-H Dance*	n/a	580	581	582

Adult Figures	
2-H Reel or Light Jig	421
4-H Dance*	422

* Must be a book dance.

Trophy Specials

Non-Champ Specials	U10	U13	13&O
Non-Champ (Soft-shoe) Reel Special	803	807	811
Non-Championship Double Reel Special	805	809	813
Non-Championship Traditional Set Special*	806	810	814

Champ Specials	U12	U16	16&O
Championship Double Reel Special	817	820	823

Adult Specials	
Adult Double Reel Special	815
Adult Traditional Set Special*	816

* All Traditional Set Specials: Competitors will dance one of the following: St. Patrick's Day, The Black Bird, Job of Journeywork, Garden of Daisies, Jockey to the Fair, The Three Sea Captains, or King of the Fairies. Music for all stages will be played in above order.

Music and Spoken Word Competitions

Music (open to all ages). One musician plays a traditional folk tune from any of the Celtic nations. Performance limited to 3 minutes. Competition will be divided by age based upon entries.	900
Group Music (open to all ages) Two or more musicians play a traditional folk tune from any of the Celtic nations. Performance limited to 3 minutes.	901
Vocal (open to all ages). One vocalist sings a traditional folk song from any of the Celtic nations. Performance limited to 3 minutes. Competition will be divided by age based upon entries.	902
Spoken Word (open to all ages). One competitor reads or recites a poem or passage from the literature of any of the Celtic nations. Performance limited to 3 minutes. Competition will be divided by age based upon entries.	903

IDTANA Southern Region - Dancing Competitions Rules

Effective January 1, 2016

- (1) In the case of all solo and team competitions in all grades, the age of a competitor on January 1st of the year in which the competition is held will determine the right of entry. For the purpose of this rule, a competitor whose birthday occurs on January 1st shall be deemed to be under the age attained on that date.
- (2) Competitions are open to all but those holding a TMRF, TCRG, ADCRG designation. A Feis can only accept entries from pupils of teachers registered with An Coimisiun, regardless of their domicile, and where applicable, registered with both the IDTANA and the North American region in which they reside.
- (3) A competitor may be disqualified for any of the following reasons: (a) Conduct unbecoming a lady or gentleman; (b) Failure to report on time to compete (Penalty: disqualification from said event); (c) Falsification of age or other important fact, i.e., teaching, award winning, competing under another competitor's name or number, etc. Penalty for (a) or (c): Competitor will be disqualified from the Feis at which the occurrence happened and from all NAFC registered Feiseanna for a period of one year beginning at the date of the occurrence.
- (4) Competitions may be closed if there are no competitors at the assigned stage ready to compete when the competition is scheduled or announced. This may not pertain to a situation where competitors are involved in stage conflicts.
- (5) Solo competitors in First Feis (if offered), Beginner, Advanced Beginner, Novice or Open (Prizewinner) competition: (a) must compete in their own age group; (b) must be prepared to perform two steps in each event; (c) cannot change competition on the day of the Feis.
- (6) Steel taps or "bubble" heels on dancing shoes, display of awards, wearing of shorts or other unconventional dress is prohibited. Authentic Gaelic dress is desired. Dancers competing in First Feis (if offered), Beginner and Advanced Beginner

(Beginner I and II) must wear a class costume or a skirt and blouse. All other categories are excluded from this rule. Modest attire is encouraged when a competitor is not dancing.

- (7) Competitor's number must be worn and visible to adjudicators when performing in all competitions. Use of clear reflective plastic number covers is discouraged.
- (8) Awards will be determined in proportion to the number of entries in each competition and to the degree of proficiency shown.
- (9) Complaints regarding the running or rules of a Feis must be in writing stating names and other factual information and signed by the complainant. A ten dollar fee (cash) must be enclosed and presented to the Feis Chairman within one hour of the occurrence. The fee will be returned if the complaint is upheld.
- (10) The Feis Committee and any organization affiliated with same will not be held responsible for personal injury, property loss or damage. Destruction of Feis property or rental property will be punishable by law.
- (11) The Feis reserves the right to reject any entry for cause, to cancel all or part of the Feis and to limit competitor's performing time. The decision of the Feis Committee is final in all matters connected with the Feis.
- (12) All Feiseanna must have a process to allow parents to request that their Child or children's name (s) not be listed on the posted competitor list prior to the day of the Feis.
- (13) Competitors must answer all questions on the entry form as required by the Feis Entry Committee, including teacher's name, and enclose the entry fee when mailing. Failure to do so will result in a rejected entry. Entries must be postmarked on or before the closing date or they will be subject to a late fee as determined by the Feis committee and published on the syllabus and/or entry form.
- (14) Championships
 - a) Entrants in any Championship event may not enter in any other regular grade solo events, but may enter in Figure Dances and/or special competitions for which they are eligible (traditional set, treble reel, non-traditional set dance).
 - b) Entrants in Open Championships should specify on the entry form their choice of set dance.
 - c) Open Championship competitions in the minimum required age groups must be offered separately in the syllabus, yet the Feis Committee may combine an age group with the next higher age group if there are fewer than 5 competitors entered in the lower age groups. A Feis Committee is not permitted to combine dancers from one open championship age group with any age groups which is more than one age group higher than the age group in which the dancers are entered.
 - d) A dancer is required to perform a light shoe dance (reel or slip jig for ladies and reel only for men) and a set dance. A Feis can also opt to require a third dance (choice of jig or hornpipe).
 - e) Dancers must qualify for Open Championship via the method now in place for Preliminary Championship, i.e., two first place wins.
 - f) Dancers must compete in the Preliminary Championship competition in order to qualify for Open Championship.
- (15) Girls and Boys competitions in Open Championship may be combined in the syllabus. If three or more boys are entered in a specific age group in a combined Open Championship competition, the boys and girls must be split into separate competitions. If separate Boys and Girls competitions in Open Championships are offered in the syllabus, they may not be combined under any circumstance on the day of the Feis.
- (16) Preliminary Championships
 - a) Are open to those who at any NAFC recognized Feis: (1) Have place 1st in both an Open (Prizewinner) light and heavy shoe competitions and (2) Have never won 1st, 2nd or 3rd in Open Championship.
 - b) A dancer who wins two (2) first place Preliminary Championship awards in one calendar year will move onto Open Championship the following year (as of January 1); if the second first place win does not occur in the same feis year as the first win, as soon as the second win is achieved, in any age category, the dancer must move up to Open Championship level immediately. Only in the case of a back to back Feiseanna (successive days) the first place win in the first Feis will not change the dancer's status for the second Feis.
 - c) A dancer in a Preliminary Championship is required to perform a light shoe dance (reel or slip jig for ladies and reel only for men) and a hard shoe dance. A Feis can opt to offer either (a) a set dance or (b) jig/hornpipe or (c) both a set dance and jig/hornpipe.
 - d) Boys and girls will be combined in Preliminary Championships. Please note the separation policy for 5 or more boys.
 - e) Preliminary Championship competitions must be offered separately in the syllabus for the minimum required age groups, yet the Feis Committee may combine an age group with the next higher age group if there are fewer than 5 competitors entered in the lower age group. A Feis Committee is not permitted to combine dancers from one Preliminary Championship age group with any age group which is more than one age group higher than the age group in which the dancers are entered.

- f) Preliminary Championship competitions with 26 or more competitors will be split in half according to age.
- (17) Open Championships and Preliminary Championships require at least three adjudicators.
- (18) First place winners in the Open Championship category cannot return to a Preliminary or Open (Prizewinner) competition. Placing in a Regional or National Oireachtas does not change the status of a competitor. If after competing two full feis years at the Open Championship level, a dancers has not placed first, second or third, he/she may opt to return to Preliminary Championship status.
- (19) The status of a dancer does not change unless there are five or more dancers in a competition.
- (20) Grade Category Definitions:
Beginner: A beginner is a competitor who has not taken a full year of Irish dance lessons, thereby giving Beginners a full year with such status. A Beginner must move into the Advanced Beginner category for the next year.
Advanced Beginner: An Advanced Beginner who wins 1st, 2nd or 3rd place will advance to the Novice category in that particular dance. Competition dances are reel, light jig, slip jig, traditional treble jig and traditional hornpipe as minimum requirements.
Novice: A Novice dancer who wins a 1st place in a dance will advance to the Open (Prizewinner) category in that particular dance.
Open (Prizewinner): A competitor who does not qualify as a Beginner, Advanced Beginner or Novice.
Adult Beginner: An adult beginner is a competitor who never took Irish dancing lessons as a juvenile and is over 18 years of age.
- (21) The syllabus must contain all grade categories. Each region may determine the system for moving dancers from one grade to another. A Feis Committee may combine two consecutive age categories into the higher of the two categories within that grade when less than five (5) competitors are entered.
- (22) Musicians and adjudicators cannot be approached during a competition by anyone except the Feis Committee. No one can approach them while a competitor is performing.
- (23) Musicians employed by the Feis Committee will be solely under the direction and management of the Feis Committee on Feis day.
- (24) Teachers or team captains are responsible that their teams are complete and in position when the competition is announced. Competitors may compete in the next higher age group. A competitor may compete in no more than two different age groups for any one category (4-hand, 8-hand, etc.)
- (25) In matters pertaining to adjudicators, the decision of the adjudicator is final.
- (26) Adjudicators are to monitor the quality of music at the stage(s) to which they are assigned.
- (27) First Feis (if offered), Beginner, Advanced Beginner and Adult dancers are required to dance at traditional speeds only. Novice and Open (Prizewinner) dancers may choose between traditional and Oireachtas speeds. Adult dancers are allowed to dance traditional or Oireachtas speed dances in the novice and prizewinner grade levels, but this does not apply to contemporary set dances.
- (28) The length of 2 hand and 3 hand dances in competition are to be 48 bars of music plus an 8 bar introduction.
- (29) In consideration of safety and in fairness to dancers performing at a Feis, photography of any kind which has the capability of capturing a dancer's image while in motion is strictly forbidden. A Feis may elect to allow motion photography for publicity purposes, but the pictures are considered the sole property of the Feis and solely for Feis use only; these are not to be used for personal gain through commercial use or sale, and under no circumstances can they be published on any website or others areas without the express written permission of the persons involved. Additionally, a professional photographer may be formally contracted by a Feis to capture non-motion photographs, such as portrait photography, awards ceremonies, etc. and/or in motion photography provided it is taken at a vendor station or suitable location: (a) away from the dancing stages and (b) requested by a consenting parent, guardian or dancer over the age of 18.
- (30) No block, en Point, toe walking movements, stationary or moving is allowed to be performed for all ages up to and including the under 12 age group. However, after Sept 1st of each year, an exception is made for the dancers who are 11 dancing in the under 12 age group.

- (31) Make-up is prohibited on a dancer in the first three grades (First Feis [if offered], Beginner and Advanced Beginner or their equivalent) up to and including the under 12 age group.
- (32) Any competitor found to be using artificial carriage aids and subsequently refuses to remove same, will be subject to disqualification from that particular competition, medically prescribed aids (proof of which may be required) will be exempt from this rule.
- (33) Each Feis is required to list their adjudicators on their syllabus and/or website. If adjudicators are not listed on the syllabus, they must be posted on the Feis website a minimum of three weeks prior to the Feis. Once the Feis has closed for entries, the adjudicators names may be removed from the Feis website. One third of the adjudicators are to be from outside the region where the Feis is being held.
- (34) No substance that can become airborne should be used on any dance floor in an attempt to improve traction.

Addendum May 1, 2021

The following rules/guidelines were added to the Southern Region Syllabus effective May 1, 2021 regarding new adult competitions. The rules are as follows:

- That dancers over the age of 25 currently competing in either youth championship level may move at any time into the corresponding Masters level, but will then no longer be eligible to compete in a youth solo championship.
- That an Adult Dancer beyond Beginner is defined as any dancer who started Irish dancing at the age of 18 or older, or any dancer 18 or older who has not competed in at least five years in a Youth competition AND has never placed in the top three in a youth Preliminary competition of more than five competitors. Background: (The last line ensures that former competitive championship dancers enter the Masters level instead of the adult category.) - All Southern Region feiseanna must offer Adult competitions, including Adult championships, starting May 1, 2021
- All Southern Region feiseanna must offer Masters level competitions starting May 1, 2021.
- All Masters levels consist of one light round (reel or slip jig) and one heavy round (treble jig or hornpipe) to facilitate the possibility of merging at Southern Region feiseanna. Feiseanna may offer additional Masters level competitions, including traditional set, non-traditional set, etc.
- All Southern Region feiseanna may combine the Masters levels into one competition in the event that fewer than five Masters Preliminary level dancers are entered.
- Dancers competing at the Adult Championship level may move to the Masters Prelim level per teacher's discretion.
- Masters level dancers to progress from Prelim to Open, youth competition rules apply. A win in any combined Masters competition of five or more competitors would count towards that progression.
- That the Southern Region offers separate solo championship competitions for Adults and Masters at our regional Oireachtas starting in 2021, with traditional set as the third round for Adults and non-traditional set as the third round for Masters.
- Only dancers who meet the definition of "Adult dancer" may compete in Adult ceili competitions. Masters level solo dancers competing in ceilis must compete in the Youth ceili categories.