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THURSDAYS WITH DINNER **CONSUMPTIONS**

FITNESS CLASSES		INSTRUCTOR	MON.	TUE.	WED.	THURS.	FRI.	SAT.
	YOGA 1 **	Verónica Oralia	9-10 AM		9-10 AM		9-10 AM	
	YOGA 2 (INTERMEDIATE)**	Karen Higgins				8-9 AM		9-10 AM
	PILATES **	Maggie Briseño		9-10 AM		9-10 AM		
	SPANISH LESSONS **	Leticia Tovar	8-9 AM BEGINNERS				8-9 AM ADVANCED	
	GYM ** GYM	Open from 7am to 7 pm						

^{**} REQUIRED RESERVATION AND LIMITED SPACES AVAILABLE. Book your place at: memberservices@theclubfundadores.com