






FITNESS & CLASSES SCHEDULE

CHECK MAIN CALENDAR FOR AVAILABLE DATES FOR CLASSES AND BLACK OUT DATES

INSTRUCTOR			MON.	TUE.	WED.	THURS.	FRI.	SAT.
	YOGA 1*	Verónica Oralia	9:15 am		9:15 am		9:15 am	
	PILATES*	Maggie Briseño		9:15 am		9:15 am		9:15 am
	AQUA ZUMBA	Lupita Fungh	10:15 am		10:15 am		10:15 am	
	ART WORKSHOP*	Gabriela Salgado	12:00 pm					
	GYM**	Open from 7am to 8 pm						
		**Guests and Renters Gym access after 12 noon						

The
Club
Fundadores

*MEMBERS ONLY

LIMITED SPACES AVAILABLE.

Book your place at:

EMAIL: MEMBERSERVICES@THECLUBFUNDADORES.COM

PHONE NUMBER: +52 624 105 6400

WHATSAPP: +52 624 191 2839