

# Hugs N Hearts

Snack Menu

August

2019

Monday	Tuesday	Wednesday	Thursday	Friday
<b>26</b>	<b>27</b>	<b>28</b>	<b>29/1</b>	<b>30/2</b>
Breakfast: <b>Cereal Bars</b>	Breakfast: <b>Cereal</b>	Breakfast: Bagels & Cream Cheese/Cereal Bars-toddlers	Breakfast: <b>Muffins</b>	Breakfast: <b>French Toast Sticks</b>
AM Snack: <b>Graham Crackers &amp; Yogurt</b>	AM Snack: <b>Veggie Straws</b>	AM Snack: <b>Teddy Grahams &amp; Apple Sauce or Apple slices</b>	AM Snack: <b>Ritz Crackers &amp; Cheese Sticks</b>	AM Snack: <b>Scooby Doo Grahams &amp; Blueberries</b>
PM Snack: <b>Goldfish</b>	PM Snack: Chocolate Elf Grahams & Pudding	PM Snack: <b>Cheeze-its</b>	PM Snack: <b>Pretzels</b>	PM Snack: Popcorn & Raisins
<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>
Breakfast: <b>Cereal Bars</b>	Breakfast: <b>Cereal</b>	Breakfast: Bagels & Cream Cheese/Cereal Bars for toddlers	Breakfast: <b>Muffins</b>	Breakfast: <b>French Toast Sticks</b>
AM Snack: <b>Fig Bars &amp; Yogurt</b>	AM Snack: <b>Ritz Crackers &amp; Cheese Sticks</b>	AM Snack: <b>Teddy Grahams &amp; Apple Sauce or Apple slices</b>	AM Snack: <b>Vanilla Wafers &amp; Bananas or Mandarin Oranges</b>	AM Snack: <b>Scooby Doo Grahams &amp; Blueberries</b>
PM Snack: <b>Goldfish</b>	PM Snack: <b>Veggie Straws</b>	PM Snack: <b>Cheeze-its</b>	PM Snack: <b>Pretzels</b>	PM Snack: Popcorn & Raisins
<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>
Breakfast: <b>Cereal Bars</b>	Breakfast: <b>Cereal</b>	Breakfast: Bagels & Cream Cheese/Cereal Bars-toddlers	Breakfast: <b>Muffins</b>	Breakfast: <b>French Toast Sticks</b>
AM Snack: <b>Graham Crackers &amp; Yogurt</b>	AM Snack: <b>Chocolate Elf Grahams &amp; Pudding</b>	AM Snack: <b>Teddy Grahams &amp; Apple Sauce or Apple slices</b>	AM Snack: <b>Vanilla Wafers &amp; Bananas or Mandarin Oranges</b>	AM Snack: <b>Scooby Doo Grahams &amp; Blueberries</b>
PM Snack: <b>Ritz Crackers &amp; Cheese Sticks</b>	PM Snack: <b>Veggie Straws</b>	PM Snack: <b>Pretzels</b>	PM Snack: <b>Cheeze-its</b>	PM Snack: <b>Goldfish</b>
<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>
Breakfast: <b>Cereal Bars</b>	Breakfast: <b>Cereal</b>	Breakfast: Bagels & Cream Cheese/Cereal Bars for toddlers	Breakfast: <b>Muffins</b>	Breakfast: <b>French Toast Sticks</b>
AM Snack: <b>Graham Crackers &amp; Yogurt</b>	AM Snack: <b>Ritz Crackers &amp; Cheese Sticks</b>	AM Snack: <b>Fig Bars &amp; Apple Sauce or Apple slices</b>	AM Snack: <b>Vanilla Wafers &amp; Bananas or Mandarin Oranges</b>	AM Snack: <b>Scooby Doo Grahams &amp; Blueberries</b>
PM Snack: <b>Cheeze-its</b>	PM Snack: Chocolate Elf Grahams & Pudding	PM Snack: <b>Goldfish</b>	PM Snack: <b>Pretzels</b>	PM Snack: <b>Popcorn &amp; Raisins</b>

Breakfast is served with 1% Milk & Orange Juice.

Snacks are served with juice: 100% Apple, White Grape, Fruit Punch or Tangerine.

Lunches are served with 1% Milk for 2yrs and older & Vitamin D for under 2yrs old.