

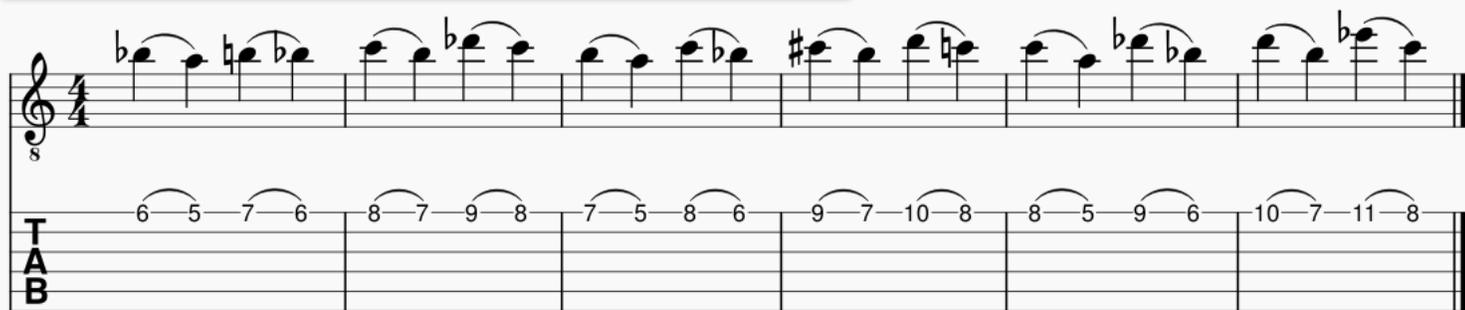
# Pull Offs and Beginner Sweeps

What are pull offs and what are sweeps? “Pull offs” are a type technique that is usually played from a high note going to a lower note that feel connected by just one pluck of the string instead of two. “Sweeps” are a very demanding technique where the guitar player plays through a chord or arpeggio in a quick “sweeping” motion with the right hand while the fretting hand hammers and pulls at different notes in sync for a unique sounding run. To attack the beginner sweep exercises, the student must be well versed in the hammer on and pull off exercises. In this lesson the introduction of the “pull off” will segway into the 2 string and 3 string beginner sweep exercises.

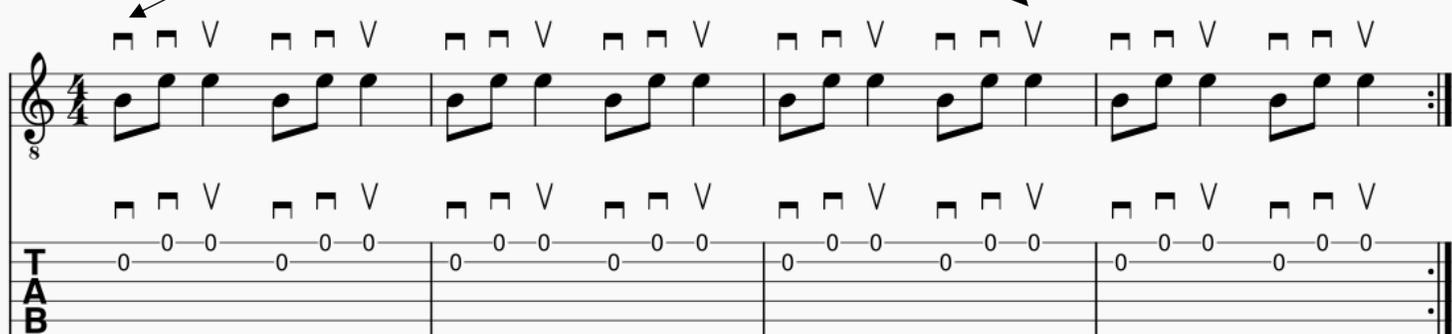
### \*\*\*\*Things to remember\*\*\*\*

1. Do not attempt the actual sweep exercise until you are comfortable with the pull off exercise.
2. Prep the right hand first with the open string exercises and be careful not to create excessive string noise.
3. When playing the sweeps, do not lift the right hand to reset for each string, instead play through the strings as if you were brushing the strings with your pick.
4. Lastly, do not hold the pick so tight in your fingers...instead hold it well but with room for it to wiggle back and forth to allow for adjustments when sweeping through the strings.
5. This lesson is meant to be played along with “Sweeping for Beginners” at [www.youtube.com/TruthGuitarMethod](http://www.youtube.com/TruthGuitarMethod)

**Practice this first. Once you do the first string, attempt it on the other strings while using the exact same frets, but different notes.**



**Practice this second, SLOWLY. The following exercises are meant to prepare the right hand for the actual sweeping technique. The following shape means to strike the string downwards and this shape means to strike the note upwards.**



This shape means that all notes following the downstroke are to be played the same way, downstroke.

This curvy line here is called a "tie" and it means that instead of two notes only one will be played but the value of the note is now added on to the first note. There is no need to play the second note attached to the "tie".

8

3

TAB

0 0 0 0

### Beginner Sweep Exercise #1: "2 String Sweeps" in minor

8

TAB

12 10 14 10

### Beginner Sweep Exercise #2: "3 String Sweeps" in minor

8

3

TAB

11 12 10 14 10