

# Right Hand Warm Up

This exercise is written out for students to play along with the “Lesson 1 warm up routine and mid-week review” videos uploaded on the Truth Guitar Method YouTube channel. (Backing Track: “Right Hand Warm Up Jam”)

This exercise takes place on the right hand only. The concept here is to get used to the “Down picking”, “up picking” and “alternate picking”. If you are playing classical guitar then you are focusing the movement with your “i” finger and your “m” finger. Remember to play as even as possible and try not to repeat, but instead always alternate.


### \*\*\* Things to know before attempting \*\*\*

Note reading is not a must, that is why there are TABS in this exercise. Make sure you understand tablature before attempting to read.

TABS are a simplified way of locating notes on the fretboard. Bottom line is the 6<sup>th</sup> string and the top line is the 1<sup>st</sup> string. The numbers on the TAB represent the fret that must be played.

If you notice, there are numbers above each of the notes on the staff lines. These numbers are there to help you with which finger you will be using to play that note. The numbers above the notes will only ever go as high as 1, 2, 3 or 4.


Have Fun!



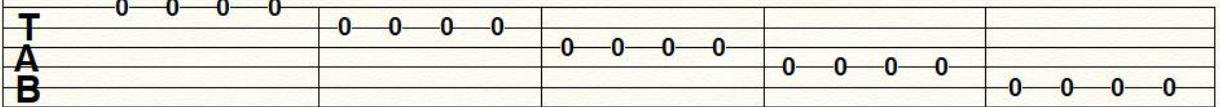
## Right Hand Alternating Exercise

i m i m


Guitar




Guitar



Gtr.



Gtr.



Remember if you are using a pick then your alternating is down and then up, instead of i and then m